

Celebrating Over 89 Years of Service to the Community

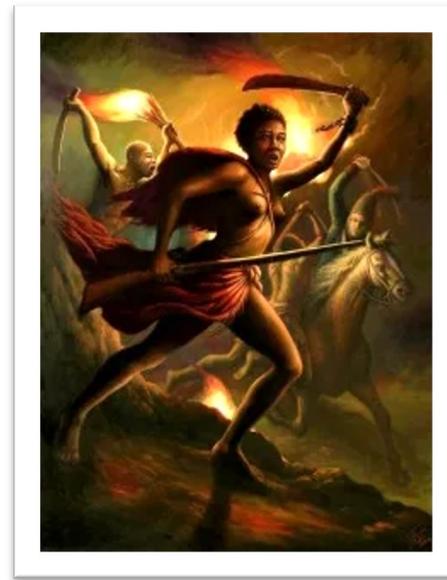
1937-2026

Meditation / Empowerment Service

10:30 A.M.

Sunday, March 29, 2026 / 6268

“The Culture Women of Haiti: Our
Revolutionary Example to Free the Nation!”



Empowerment Message Presented By
Mzuri Pambeli



KRST Unity Center Ministerial Council
Rev. Erica Ni Maat Ra Byrd
Rev. Amadi George Hines
Rev. Richard Meri Ka Ra Byrd—Maa Kheru



KRST Unity Center of Afrakan Spiritual Science
7825 South Western Avenue, LA, CA 90047
www.krstunitycenter.org krstunityoutreach@gmail.com
Office 323-759-7567



**Service Opens with Reflection and Meditation
Welcome The Ancestors / Libation**

“Ancestor Spirit Come By Here”

Ancestor Spirits, won't you come by here;
We need your presence near.

One mind one power making all things clear;
Ancestor Spirits, won't you come by here?
Somebody's praying Spirit, come by here.
Somebody's singing Spirit, come by here.

**Welcome Visitors / Introduction of Ministers & Staff /
Explanation of Terms / Who We Are / What We Believe**

STATEMENT OF BEING

SPIRIT IS ALL; Both Invisible and Visible;
One Presence; One Mind; One Power is ALL.

This That Is ALL Is Perfect Life, Perfect Love, And Perfect Substance.

I Am an Individualized Expression of The ALL.

I Am Ever One With Its Perfect Life, Perfect Love, And Perfect Substance.

MISSION & PURPOSE

The mission and purpose of KRST Unity Center is to provide a loving and supportive atmosphere for personal and spiritual growth for all people to learn how to apply the KRST principles to master their lives.

THE KRST PRINCIPLE

The Kemetic (Ancient Egyptian) Principle of the Christ -
The Transformative power of The All that is within
each and every person and thing.

THE PRINCIPLES OF MAAT

Truth, Justice, Righteousness, Propriety, Harmony,
Order, Balance, and Reciprocity

THE VIRTUES

I Control My Thoughts
I Control My Actions

I Have Devotion And Steadfastness Of Purpose
I Identify With A Spiritual Life Or Higher Ideals
I Show Evidence Of Having A Mission In Life

I Cultivate A Call To Spiritual Orders Or The Priesthood
I Am Free From Resentment Under The Experience Of Wrong-Doing
I Have Confidence In The Power Of The Master To Teach The Truth
I Have Confidence In My Ability To Learn And Wield The Truth
I Am Ready And Prepared For All Initiation Processes

WEEKLY AFFIRMATION - Sunday, March 29, 2026

I am stronger than any challenge. I am worthy of success, and I trust my intuition, promoting an empowered, unshakable me.

**KRST Unity Center of Afrakan Spiritual Science
7825 S. Western Ave, LA, CA 90047 323-759-7567**

Moya Mzuri Nana Yaa Offeibea Pambeli is a long time organizer-celebrating 50 years of activist work in October 2026, a mother and grandmother and inspirational new voice in literature, hailing from Africa by way of Los Angeles and Richmond, California. Her love for her People, the struggle for liberation and the written word began in childhood and was forged in the fires of legendary authors which she discovered in middle school. This early fascination, combined with a love for music, science fiction and horror, has given rise to a truly unique narrative style.



A decorated junior writer, Pambeli's path as a wordsmith was illuminated by an early award for one of her science fiction stories. Her vocal skills were also noted in middle school Girl's Glee allowing her musical range to expand, showing her talents in harmony from first Soprano to Alto. Her craft in the arts was further honed at UC Berkeley, where she became a founding member of the West African Music and Dancel Ensemble, sponsored by the University, a member of 5 funk and R&B bands, and a member of the cast of the Yoruba play "Chango de Ima". She also found the time to earn a bachelor's degree in Economics, and made her commitment to social justice found its voice in political writing, women's history, and economics, particularly as a member of the All-African People's Revolutionary Party (AAPRP). She also holds a master's degree from the University of Phoenix.

Pambeli's work is a vibrant tapestry of the Pan Africanist struggle, African women's history, African culture and spirituality, founding the Chimurenga Singers in the early 2000s, and the boundless vision of Africa's future! She walks in the footsteps of literary and political giants such as Maya Angelou, Chinua Achebe, Toni Morrison, Angela Davis, and Ella Baker to name a few, who inspire her to explore known and unknown worlds, and to dream beyond the confines of the political landscape.

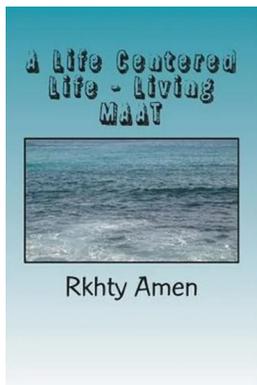
Her creative wellspring is fed by deep conversations, personal experiences, and a profound connection to her heritage. Dreams, in all their vividness, often find their way onto her pages. Pambeli is also the visionary behind "African Women Must Lead," a collaborative writing project with women in West and South Africa.

Having navigated the challenges of time, support, and the vulnerability of sharing her own story, Pambeli has now entered a new chapter. In retirement, she has dedicated herself to her craft and is embracing the world of publishing with the same passion she brings to her writing. To aspiring authors, she offers this wisdom: "Get out of your head, jot down ideas", dedicate regular time to writing, practice affirmations, join writing groups, and immerse yourself in the struggle of your people, then document your journey!

With her debut, book "Survival - Our Get up Stand up Moment with Bob Marley: Conversations around music, politics and The African Revolution", Moya Mzuri Pambeli invites readers on a transformative journey to unmute voices, tell untold stories, and discover boundless inspiration. Forever in gratitude -Mz

PRAYER LIST (Send prayer requests call 323-759-7567) We pray for the family of Jabari “Kreative Wood Works” Heedly. Zaden Smith, The family of Nikki Billingslea, Lorenzo Frank, Linette Abdullah and family, Snt Iuseset Leary, The Gonzales, Burks, Edwards families. Sending love light and strength for Sis. Tepra Maat, the, Luis South, Raymond Johns, Karen Hart, Hannibal Ahmed, Snt Tasanet Jackson, Snt Amenka, Sn Heru Kuti, Reggie Shaw, Marvin Deal, Bro Ron Hall, Cecil Green, Nastasha Wilson, Jawanza Dumasini, Lillian Perry, Momma Mason Byrd, Margaret Zamaroni, Roxanne Hart, Asantewaa Lewis, Carol Spears, Daniel Shelby, Asante-Ra Smith, Jahlamb Sinclair, the Board Members, and membership of KRST Unity Center. If you are feeling isolated, and alone, misunderstood, overwhelmed and overlooked, know that the grace of the Ntru embraces you in Mer and the earth was created to nourish you with the understanding of your true nature. You cannot fail. Listen to the voice within and know everything you need has already been given to you. You are powerful and unlimited. You are created for good.

ANNOUNCEMENTS FOR SUNDAY, March 29, 2026



Rkhty Amen

Sunday, April 5th Empowerment Message of Whm Mes Tu - Reflection and Embodiment of the Spirit of Resistance & Resilience Empowered by Maat” by Rev. Erica Ni Maat Ra Byrd.

Join us for our Ritual of “Spiritualizing the Block”. The closing aspect of the lesson invites all to participate in walking the block with music and good will. Bring your drums, instruments, and joy. We Are All Africans.

The KRST Unity Friday Night Book Study began on March 27th. However, class is still open to join in. The book chosen is “A Life Centered Life – Living Maat” by Seba Rkhty Amen is available for purchase online. Class time: 7pm to 8:30pm (pdt) on zoom. Please see website for link access, or contact the office at 323.759.7567 to add your name to the class roster. Suggested love offering \$10.00.

KA Women's Meeting and Re-organizing: Beginning Sunday, April 12th. Regular meetings will take place every 2nd Sunday at 1:00 pm, immediately following Empowerment Service. Please mark your calendars, and share this information with our KRST Sisters.

Join Black Lives Matter- Grassroots for our monthly organizing meeting, every 2nd Sunday of the month at 7:00 PM. Join us for critical discussion and updates about the fights and the wins as we organize into the world we want to see for our people. A hot dinner is always served, and take home a bag of produce along WITH your empowerment. 3423 W. 43rd place @Crenshaw, AfricaTown.

Wellness & Martial arts classes are offered at KRST Unity by Bro. Shakir el Kaleem. See flyer.

Join KRST Unity every 3rd Saturday of each month at 6 p.m. for The Movie, The Message & The Movement. discussion will follow. Dinner, snacks and drinks available for purchase. Come feed your mind, body and spirit with KRST Unity. Hosted by Br. Shaka Satori. Call 323-696-2671 for more details.

Please allow the offering prayer to deepen your understanding and practice of this benevolent act of reciprocity. Use the QR code or links to Cash App or PayPal. We also accept cash, credit or debit card and checks made payable to: CUC/KRST Unity. All donations to KRST Unity can be made All donations to KRST Unity can be made through the KRST



Daily Word

No Black Woman can become an intellectual without decolonizing her mind

Igbo

Ọ dighị nwanyị ojii ga-aghọ onye nwere ọgụgụ isi n'emeghị ka uche ya dị ọcha.

Swahili

Hakuna Mwanamke Mweusi anayeweza kuwa msomi bila kuondoa ukoloni akilini mwake.

Yoruba

Kò sí Obìnrin Adúláwò kan tó lè dì ọlọgbọn láìsí pé ó ti fi ọgbọn rẹ sílẹ.

MDW

Iw ản Km hmt ảb unn ảb ảuti ảiu ns ảb.

Voices of Unity /Offering Prayer

Divine love through me, blesses and multiplies all that I am; all that I have; all that I give, and all that I receive. I give feely, and I receive abundantly.

Empowerment Message

“The Culture Women of Haiti: Our Revolutionary Example to Free the Nation!”

Empowerment Message Presented By

Mzuri Pambeli

Unity Circle

Welcome Guests / Call to Join Benediction Weekly Affirmation

Ankh, Ujah, Snb — (Life, Health, Strength) Closing

Lift Every Voice and Sing

Lift ev’ry voice and sing, till earth and heaven ring, ring with the harmonies of liberty. Let our rejoicing rise, high as the list’ning skies, let it resound loud as the rolling sea. Sing a song full of the faith that the dark past has taught us, Sing a song full of the hope that the present has brought us. Facing the rising sun of our new day begun, let us march on till victory is won.

God of our weary years, God of our silent tears, Thou who hast brought us thus far on the way; Thou who hast by Thy might, led us into the light, keep us forever in the path, we pray. Lest our feet stray from the places, our God, where we met Thee, lest our hearts, drunk with the wine of the world, we forget Thee. Shadowed beneath Thy hand, may we forever stand, true to our God, true to our native land. Let us march on ‘til victory... March on ‘til victory...March on ‘til victory is won.