

PER – T EM HRU - COMING FORTH BY DAY

DAILY READING

July 6 – August 11, 2022

DAY 7	PLATE I – PLATE III	PAGES: 1-17
Day 8	PLATE IV – PLATE VI	PAGES 17-27
DAY 9	PLATE VII	PAGES: 27- 32
DAY 10	PLATE VIII	PAGES: 32- 41
DAY 11	PLATE X	PAGES: 41-56
DAY 12	PLATE XI –	PAGES 56-61
DAY 13	PLATE XII	PAGES: 74 -78
DAY 14	PLATE XIV	PAGES: 79 – 83
DAY 15	PLATE XV	PAGES 84 – 97
DAY 16	PLATE XVI	PAGES: 97 – 109
DAY 17	PLATE XVII	PAGES: 109 – 116
DAY 18	PLATE XVIII	PAGES: 116 - 123
DAY 19	PLATE XIX	PAGES: 123 – 129
DAY 20	PLATE XX	PAGES: 129 – 134
DAY 21	PLATE XXI	PAGES: 134 – 140
DAY 22	PLATE XXII	PAGES: 141 - 146
DAY 23	PLATE XXIV	PAGES: 146 – 149
DAY 24	PLATE XXV	PAGES: 150 -157
DAY 25	PLATE XXVI	PAGES: 157 – 164
DAY 26	APPENDIX	PAGES: 165- 169
DAY 27	PLATE XXVII	PAGES: 169 – 178
DAY 28	PLATE XXVIII	PAGES: 178 – 184
DAY 29	PLATE XXIX	PAGES: 184 - 189
DAY 30	PLATE XXX – XXXI	PAGES: 189 – 198
DAY 31	PLATE XXXI - XXXII	PAGES: 198 – 203

DAY 1	APPENDIX	PAGES: 203 – 215
DAY 2	APPENDIX	PAGES: 215 – 221
DAY 3	PLATE XXXIII	PAGES: 222 – 229
DAY 4	APPENDIX -	PAGES: 230 -236
DAY 5	PLATE XXXIV – PLATE XXXVII	PAGES: 236 - 242

DAILY RITUAL

The fasting period is from SUNRISE – SUNSET. You can eat breakfast before this time but it should consist of only fresh fruit, organic juice (if available), herbal teas, etc... no meat, dairy, fish, or eggs. Bread was considered a part of a sacred meal so whole grain or sprouted breads are permissible.

- Prepare for each session by completing Shdji Uat
- Keep a journal of your reflections, visions and impressions each day.
- Be an Observer, Recorder, Seer (The presence of Djhuti and Maat should be your eyes)
- Participate actively in the Spiritual Circle – check on each other, send positive messages
- Be a conduit for information and ideas that empower others to seek spiritual consciousness
- Learn one of the 42 in MDW Daily – Practice reading and writing the declaration.
- Embody the qualities of integrity, truth, honor, wisdom, and higher thought
- 5:00 – 5:30 AM – ABLUTION (SHOWER) before break-fast and Installation
DURING PRAYERS WEAR WHITE (HAVE AN OUTFIT SPECIFICALLY DESIGNATED FOR THIS PERIOD AND WEAR IT ONLY FOR YOUR PRAYERS)
- Smudge and burning incense at your altars
 - Nuk Hkau I am Divine Word
 - Nuk Ra Akhu I am the glorious Spirit of Ra
 - Nuk Ba Ra I am the Soul of Ra
 - Nuk Hkau I am Divine Word

PREPARATION FOR PRAYER AND MEDITATION

(MANTRA – OM NAMAH SHIVAYA)

A deep breath of fresh air 3 -5 minutes before speaking the prayers and affirmations and 3 -5 minutes after. Whenever possible, face the sun, look toward the sun, close your eyes, and open your hands so that the light of the sun is on your palms. Begin to deep breathe long slow deep breaths, drawing in the fresh air and the light of the sun into your body through your eyes and palms. Breathe in on the count of eight, hold for the count of eight, and breathe out on the count of eight. Continue to hold the light within as you exhale. Fill yourself with the light and mantra as you breathe aligning yourself with NTRU

PRAYERS

- The Opening of the Way
 - Ancestral Prayer – Itaem
 - By 6:30 AM – Reading of the PER EM HERU (MDW)
 - End with the 42 Oracles (I will not...)
- At Sunset
- Evening Cleansing Ablution
 - Reading of the Per Em in English
 - Ancestral Healing Prayer
 - Ancestral Roll call – begin the resurrection process
 - 42 Oracles (I have not...) Memorize one Oracle each day in MDW
 - Shdji Uat - Work on Assignments, Dance, Sing, Create - Spend time with your family
(READ FROM THE "I AM DISCOURSES")
 - Make everything you say or do a part of the ritual. Feel the ancestors AND THE NTRU awakening ready to serve and provide guidance. Embrace their celebration of Life knowing that they will once again live, dream, hope, and prosper through you. See Ntr in everything and everyone.

Htp Maat Khepra

THE DIVINE FIVE KHAMETIC EPAGOMENAL DAYS 2022

Nwt, the sky Goddess, is the mother of Wsr, Heru the Great, Seth, Ast, and Neb-Het. She keeps the forces of chaos from breaking through the sky and destroying the world. Nwt is represented as the personification of the sky, a woman carrying a pot of water on her head, or in the form of a cow. She is the granddaughter of Ra and the wife of Geb.

Originally, the year consisted of twelve months of thirty days. Nwt, the Goddess of the sky, and Geb, the God of the Earth, were caught in the act of procreation by the Great Ntr Ra. Ra became angry at the Neterets' rush to create, and he punished Nwt by forbidding her to bear children all 360 days of the year. Nwt was devastated and decided to appeal to the Ennead of the Ntru concerning her plight. As the story goes the Ntr Tehuti enabled the Ntrt Nut to give birth to her children, after NTR RA had decreed that her children would not be born on any day of the year. Tehuti arranged a game with Iya, the moon, he won five nights of moonlight, thereby adding 5 days to the year. Thus, the month of Nwt was born and Nwt was able to bear her five children: Wsr, Heru the Great, Seth, Aishat (Ast) and NebHet.

Wepet Renpet, sometimes spelled as Wep Renpet, is literally translated as 'The Opening of the Year' and was also celebrated to synchronize with events that happened in nature. The annual flooding of the Nile River and the season of Inundation will always remain something that is very sacred to Kemetyu.

As an earthly cycle, meaning something that transpires on earth, it was always directed by a heavenly cycle. This event, which took place in the heavens, was the reappearance of the star Sirius. Also called the 'Star of Auset' or 'Sopdet', the Sirius star was no longer visible for 70 days and then reappeared around mid-June to early July. This marked the coming flood of the Nile River but also reset the calendar. Because of the inundation of the flood, rich deposits of silt which was beneficial for the fertilization of crops.

Wepet Renpet also was a time to celebrate the rebirth of Ausar, or Osiris. The Sirius star was a representation of Auset who 'opened the way' for the rebirth of her slain husband. With Auset and Ausar, who in the mythos were responsible for the cyclical production of nature, it would

make sense for Auset to advise when her husband would return, this was a sign for the people that the land would become fertile once more.

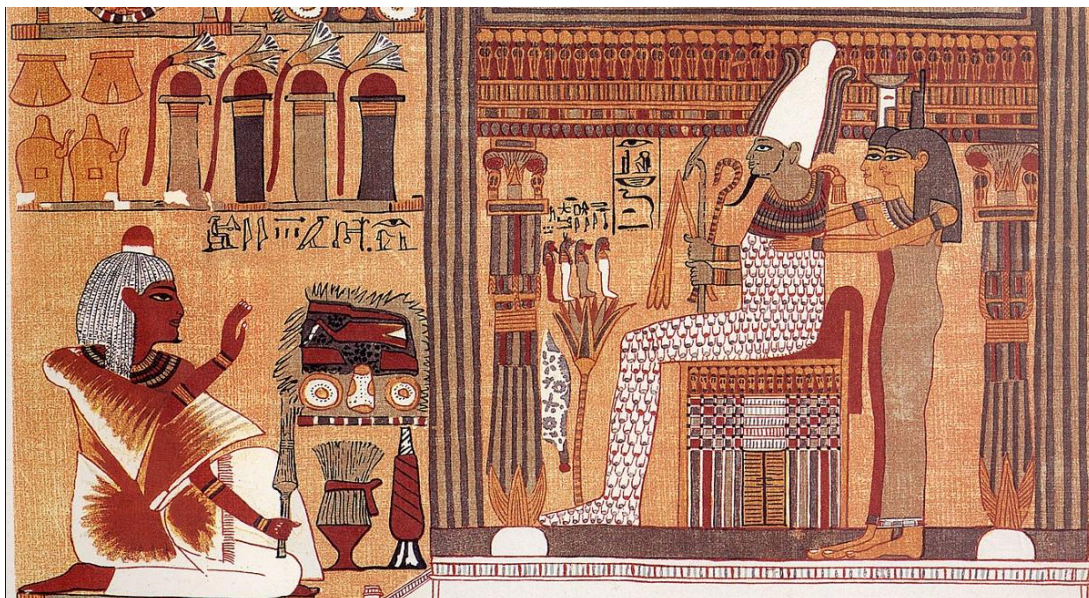
The celebration around this time included lots of food and drink with dancing and singing playing an integral part as well. There was also what was called the Lamentations of Auset and Neb-het, the sisters who helped each other during the myth. Basically, the ancient Kemetyu text outlines what was recanted as a calling to the soul of Ausar to rejoin the living.

With passages such as:

Glorify his soul! Establish his dead body!

Praise his spirit! Give breath to his nostrils and to his parched throat!

Reading this, we can understand why this was seen as a powerful invocation to be performed at the beginning of this prestigious celebration. The Ancient Khemetic Society was one of High Principles which were bound in symbolism. Though it is believed that there were many “Gods”, actually there were many aspects or Principles of the one Most High NTR. These principles were expressed as the divine Forces of Nature or the Ntru. The Divine five each represent very vital aspects of our internal nature and can be used as guiding principles in our quest for self-realization.



Facsimile of a vignette from the Book of the Dead of Ani. The deceased Ani kneels before Osiris, judge of the dead. Behind Osiris stand his sisters Isis and Nephthys. (Image: British Museum/Public domain)

ASAR

In the Divine Myth of the 5 Epagomenal days, Asar is born on the first day. He is the principle that represents the highest qualities of human life on earth and Divine life in the Tua (Duat) or underworld. Asar has a myriad of names, titles, and forms, all of which are majestic and powerful. His name was called and he dwelled in every Shrine. Un-Nefer was one of Asar's most known titles, meaning "The beautiful one" or "The good one". Among the symbols that represent his strength and power is the Djed column. He traveled the earth teaching the laws of life and those of manhood which included husbandry and fatherhood. Rebirth and Regeneration are also embodied in Asar's character. After the Divine Drama between Heru and Set, he was recognized for the act of Resurrection solidifying his power over Life and Death. Fatherhood, Integrity, Justice, Stability, Respect, and Responsibility are the energies you call forth when invoking Asar.

25 Names of Asr

We now invoke and call forth "ASAR" to once again be present at this celebration of
Wep Renpet 6263

Anesarak ASR Nuk Pu ASR

- Asar Son of Geb and beloved of his mother Nut
- Praise Asar the Un-Nefer, filled with beauty and goodness
- Asar great Ntr of the Dead
- Isa carrier of the "WAS" Scepter of Power [oo as scepter]
- Asar, he who holds the scepter of the 2 lands
- Asar wearer of the White crown of the South
- His strength is that of the djed
- Behold Asar who dwells in every Shrine
- Praises to Asar Lord of Eternity
- Asar chief of sacred food
- Asar the divine Ntr of the Kau [souls]
- Asar Spirit beneficent among the Spirit
- Asar Prince of the Paut Ntru

- Asar who is the strength of the Eye of Ra
- Asar lord of the heavens
- Asar commander of Men and Spirits
- Asar the Lord of Life forever
- Asar “Bull of the West’ [animal sacred to the Ntru]
- Asar “lord of the Hidden House”
- Asar who is “Eternity and Ever Lastingness”
- Asar “Lord of the Akert [the underworld]
- Asar who rest upon Maat
- Asar whose word is Maat
- Asar “lord of the Hall of Maati”
- Asar the “Divine lord of the earth “

HERU- UR

Heru-Ur, one of the oldest Ntru of Khmt was known as the “Face of Heavens” and the Divine Principle that represents the day and night.

Her-ur (Har-wer, Horus the Elder) was one of the oldest gods of Ancient Egypt. He was a sky god, whose face was visualized as the face of the sun. As a result his, name (“Heru”) was sometimes translated as “face”, rather than “distant one”, and was sometimes modified to “Herut” (“sky”). He absorbed a number of local Ntru including Nekheny the Nekhenite (a hawk god) and Wer (a god of light known as “the great one” whose eyes were the sun and moon) to become the patron of Nekhen and later the patron god of the pharaohs. Nekhen was a powerful city in the pre-dynastic period and the early capital of Upper Kemet. By the Old Kingdom Heru had become the first national Ntr and the patron of the Nswt.

He was originally considered to be the counterpart and enemy of Set. While Heru represented Lower Khmt, Set represented Upper Khmet, and the two were locked in a battle that would not be won or lost until the world ended and everything slipped back into chaos. This myth evolved and soon it was thought that Heru and Set fought for eighty years before the council of the Ntru ruled that Heru should rule Khmt. It may seem strange that Heru was associated with Lower Khmt and yet he is associated with Nekhen, in Upper Khmt. It has been suggested that Heru actually originated in Upper Khmt (as Heru Behedet in Behedet) and that his cult spread north with the unification of the country under Narmer or Hor Aha.

He was worshipped in the composite temple of Kom Ombo with Sobek (who was in turn associated with Set).

He was described as either the son or husband of Het Heru and was considered to be a creator god and the archetypal king. His right eye was the sun and his left eye was the moon and images of the “Eye of Heru” were considered to be powerful protective amulets. His speckled feathers formed the stars and his wings created the wind.

DIVINE NAMES OF HERU-UR

- Heru the elder
- Heru the sky Ntr
- He whose face was the sun
- Whose name means “distant one”
- Ntr of Light
- First national Ntr of Khmt
- Patron of the Nswt
- Counterpart of Set
- Enemy of Set
- Son of Het-Heru
- Worshipped in the temple of Kom Ombo
- Heru-ur, the creator Ntr
- His eye was a protective amulet
- His feathers form the stars
- His wings create the wind
- Heru the giant hawk
- Second son of Ra
- Brother of Asr and Ast
- Heru the Powerful one
- Heru the Greatly speckled hawk
- Heru the boss
- Heru the great Ntr of the winged disk

- Heru the Hawkman
- Heru the soldier
- Heru the enemy of Apep and evildoers everywhere

Seth

Seth is the god of darkness and chaos. Seth became the god of the unclean and an opponent of several gods. Opposing priests destroyed most of Seth's statuary. He was the personification of drought. As lord of the desert and drought, Seth was an opponent of everything that gave life.

The Kemites also saw him as a storm and war god. The Egyptians associated Seth with the planet Mercury. The Kemetians associated the color red with Seth. They reviled people with red skin and, sometimes, killed animals with red fur. The Kemites usually depicted Seth as a man with the head of an animal that they called the Seth animal. It had a pointed snout, tall, rectangular ears and a thin canine body with a long-forked tail. The Seth animal's body had fur tufts in the shape of inverted arrows. Seth's images show him holding an ankh in one hand and a was staff in the other.

Set (Setekh) was associated with different animals and he was sometimes depicted as one of them. The animals include the boar, the antelope, the crocodile and the ass. Some Khm also associated him with poisonous creatures, like snakes and scorpions. In some myths, Seth took the form of a hippopotamus

The Nswt respected Set (Setekh) and his power. Set was one of the Two Lords (Heru was the other) who gave the king power and authority. Some Nswt, like Seti I, were named for Set.

Other Nswt used the Set animal as part of their emblem.

Divine Aspects of Set

- Seth, Ntr of Chaos and Darkness
- Seth, He who rules the desert and causes drought
- Seth, worshipped in Ombos and Avaris
- Murderer of his brother
- Defeated by Heru, the son of Asr
- Ntr of the Red cloth
- The dog-headed beast and the Was scepter his symbols
- Seth, the adversary of Heru
- Seth, the opposite that made all good exist

- Set, son of Nut and Geb
- Set, brother of Heru the elder and Asr
- Set, whose Consort was Neb-het
- Set, adversary of Heru
- Set, whose existence was necessary so Heru could exist
- Set, he who opposed Asr
- He who was vital to maintaining order in Khmt
- Set, Ntr of Chaos
- Set, who fought with Ra against Apep
- Great of strength in the Boat of Millions of Years
- Set, the loyal opposition
- Set, the Red Lord
- Set, the Lord of Storms
- Set, Ntr of Confusion
- Set, Ntr of masculine strength and power
- Set, father of Sobek and Anpu.

AST

Ast is the second Principle issued forth, of the Divine five, from the cosmic mother Nut. The earth symbol that represents Ist is the Throne. She is symbolized in the sky by the Star Spdt [the Star Sirius], the source of Life for the ancient Kemites. The appearance of the star marked not only the New Year, but also announced the inundation of the Nile.

Ast is the loyal wife of the Ntr Asar, in life and in death. She used her magical powers [Heka] to resurrect Asar, thereby restoring his immortality and conceiving their powerful Son [Sun] Heru.

The high qualities and attributes of Ast are unlimited. Within her is contained all the divine principles and all the powers, terrestrial and Celestial. She is a nurturer and bringer of Life.

Anesarak Ast, Nuk Pu Ast

Invoking Ast gives one the ability to become more compassionate and caring of life itself. Not only the life that dwells in humans, but animals, our talents, gifts, skills, and ideas.

Anesarak Ast, Nuk Pu Ast,

Divine Names of Ast

1. Ast 4th born of the Divine Five
2. Ast sister and wife of Asar
3. Ast the mother of Heru
4. Ast "Lady of words of power" [Hekau]
5. Ast one who restores life
6. Ast the divine one
7. Ast the greatest Ntrut and Ntru
8. Ast the queen of all Ntru
9. Ast Lady of the heavens
10. Ast Lady of the North wind
11. Ast Queen of the earth, most mighty one.
12. Ast the light giver of heaven
13. Ast the God-Mother
14. Ast giver of Life
15. Ast Ntrt of the harvest
16. Ast the creatress of the Nile flood
17. Ast the "Lady of the great House"
18. AST Ntrt of motherhood
19. AST Queen of the throne
20. AST source of the Nswt's power
21. AST appears in the heavens as Spdt
22. AST as the power of the Nile she is called Sati
23. AST Ntrt of the cultivated lands and field she is called
Sekhmet
24. AST embracer of the land and producer of fertility
25. AST as the producer and giver of life- she is called Anuket
26. AST Great lady of the underworld
27. AST the hidden Ntrt
28. AST she who imbibes Paut Ntru

Nebt-Het

Nebt-Het is the last Ntrt born of the epagomenal Ntru. The day of her birth was declared unlucky by the Ancient Kemites. The principle that is her counterpart is Set. Her name means “Lady of the House”, in this case the House is the part of the sky where RA resides. She is the barren Land of Kemet beyond the boundaries of the inundation of the Nile. Nebt-Het personifies the invisible twin star of Spdt. She is the opposite of Ast, and represents death and decay. One of the principles is active and the other passive, together they symbolize the necessary phases of the alchemical work done by the two sisters. Without putrefaction and death, there could be no rebirth. Nebt-het was also known as Urt-Hekau “Mighty one of Words of Power”. Together she and Ast restored the life of Asar after his murder by Set. Even though deception and confusion surround Nebt-Het she knows her power in the cycle of transformation and maintains a high form of clarity.

Anesarak Nebt-Het, Nuk Pu Nebt-Het

Invoke the Heka of Nebt-Het when deception, corruption, and sorrow are a part of your transformational process and you will have support in maintaining your awareness of the situation at hand.

Enen ren Nebt-Het (In the Name of Nebt Het)

DIVINE NAMES OF NEB-HET

- Child of Nut and Geb
- The mother of Anpu
- The Consort of Set
- Her symbol is the house and mummy wrappings
- Her siblings are Ast, Asr, Heru-Ur and Set
- Ntrt of the ancient city of Iwnu
- The nursing mother of the incarnate Heru
- Neb-het, the one capable of incinerating the enemies
- Nurse of Nwst
- Neb-het of the fiery breath

- Neb-het the protector of the zarhe
- Neb-het, lady of the temple
- Neb-het the woman of the kite
- Neb-het, the one who demons feared
- Neb-het, a crucial force of heavenly transition
- Neb-het, companion to the dead
- Nebhet, eternal life in transition
- Nebhet the supportive cosmic force occupying the night-bark on the journey of Ra
- She who assisted Ast in the gathering of Asr
- Nebhet, the mortuary Ntrt
- Nebhet, the festive diety who made beer offerings to the Nswt
- Nebhet, one of the four great Chiefs
- Protectress of the Canopic Jars
- Nebhet, of the “bed of life”
- Nebhet, the Ntrt who gives the Nwst power to see “that which is hidden by moonlight”.

CHAPTER XLII OF THE PERT EM HERU INSTALLATION OF THE BODY PART BECOMING NETERU

My hair is of Nu.

My face is of Rā.

My two eyes are of Het Heru.

My two ears are of Ap-uat.

My nose is of Khent-sheps.

My two lips are of Anpu.

My teeth are of Kheperà.

My neck is of Ist the divine.

My two hands are of Khnemu, lord of ʃeʃʃet. My forearms are of Nit, lady of Sais.

My backbone is of Sut.

My phallus is of Isr.

My reins are of the lords of Kher-āba.
My chest is of the Mighty of terror.
Are my belly and my back of Sekhet.
My buttocks are of the eye of Heru.
My hips and legs are of Nut.
Are my feet of Ptaḥ
Are my fingers, my leg-bones of the uraei living. Not a member in
me is without a Ntr. Djehuti is protecting my flesh entirely.
I am Rā day every.
Not shall I be seized by my arms,
Not shall I be carried away by my hand,
Not shall do men, Neteru, ku (shining ones),
Mitu (the dead) ancient ones any,
Mortal any, hamemet any, harm any unto me.
I come forth, advancing, unknown is his name. I am yesterday.
Seer of millions of years, is my name, travelling, twice, along the
way of Heru the Judge.
I am the Lord of eternity, I feel, I perceive. I am the lord of the
crown.

HESI I

Ankh Udja Snb
Ankh Udja Snb (Repeat 4 times) Ankh.....Udja, Snb
Ankh.....Udja, Snb

HESI II

Nuk Hekau Nuk Ra Akhu Nuk Ba Ra Nuk Hekau
I am divine word
I am glorious spirit of Ra I am Soul of Ra
I am Divine Word

HESI III

Km Ra
Km Ra Km Ra Km Heru Ra Km hru hru ra ra
Km ra ra ra ra km hru ra Km hru hru ra ra ra

The mystery of the hidden sun Is revealed to my face The mystery
of the hidden sun Is revealed to my face