

Celebrating Over 85 Years of Service to the Community

1937-2026

Meditation / Empowerment Service - 10:30 a.m

"The Spirit of Resistance & Resilience Empowered By Ma'at"

Sunday, February 01, 2026 / 6268

"And Still We Rise!"



Empowerment Message Presented By

Rev. Amadi George Hines



KRST Unity Center Ministerial Council

Rev. Erica Ni Maat Ra Byrd

Rev. Amadi George Hines

Rev. Richard Meri Ka Ra Byrd—Maa Kheru



KRST Unity Center of Afrikan Spiritual Science

7825 South Western Avenue, LA, CA 90047

www.krstunitycenter.org krstunityoutreach@gmail.com

Office 323-759-7567



Service Opens with Reflection and Meditation
Welcome The Ancestors / Libation

“Ancestor Spirit Come By Here”

Ancestor Spirits, won't you come by here;
We need your presence near.

One mind one power making all things clear;
Ancestor Spirits, won't you come by here?
Somebody's praying Spirit, come by here.
Somebody's singing Spirit, come by here.

Welcome Visitors / Introduction of Ministers & Staff /
Explanation of Terms / Who We Are / What We Believe

STATEMENT OF BEING

SPIRIT IS ALL; Both Invisible and Visible;
One Presence; One Mind; One Power is ALL.

This That Is ALL Is Perfect Life, Perfect Love, And Perfect Substance.

I Am an Individualized Expression of The ALL.

I Am Ever One With Its Perfect Life, Perfect Love, And Perfect Substance.

MISSION & PURPOSE

The mission and purpose of KRST Unity Center is to provide a loving and supportive atmosphere for personal and spiritual growth for all people to learn how to apply the KRST principles to master their lives.

THE KRST PRINCIPLE

The Kemetic (Ancient Egyptian) Principle of the Christ -
The Transformative power of The All that is within
each and every person and thing.

THE PRINCIPLES OF MAAT

Truth, Justice, Righteousness, Propriety, Harmony,
Order, Balance, and Reciprocity

THE VIRTUES

I Control My Thoughts

I Control My Actions

I Have Devotion And Steadfastness Of Purpose

I Identify With A Spiritual Life Or Higher Ideals

I Show Evidence Of Having A Mission In Life

I Cultivate A Call To Spiritual Orders Or The Priesthood

I Am Free From Resentment Under The Experience Of Wrong-Doing

I Have Confidence In The Power Of The Master To Teach The Truth

I Have Confidence In My Ability To Learn And Wield The Truth

I Am Ready And Prepared For All Initiation Processes

WEEKLY AFFIRMATION - Sunday, February 01, 2026

Don't do it because it seems easy.

KRST Unity Center of Afrakan Spiritual Science
7825 S. Western Ave, LA, CA 90047 323-759-7567

Women's Culture Heritage

FEB 6TH
6:30PM-8PM

WOMEN'S RETREAT

SUELYN HALL-HARPER, M.D.
FEMALE HORMONE SPECIALISTS

SPECIAL GUEST:
QUEEN AMINA
&
MUCH MORE

7825 S WESTERN AVE
LOS ANGELES, CA 90047
UNITED STATES

FOR MORE INFO:
MEGASHIAJC@GMAIL.COM



RELAX, RESTORE

RETREAT

Friday, February 06, 2026

6:30 to 8:00 p.m.

KRST Unity invites you to the
Woman's Culture & Heritage
Retreat

With Special Guest

Queen Amina

For More info, Contact

Megashiajc@gmail.com

Tickets Can Be Purchased For
The Dinner & A Movie Through EventBrite
Keyword: KRST Unity

Join KRST Unity at the Pan African Film
Festival on **Monday, February 16th.**

Movie Feature:

3 Cold Dishes ~ Begins at 1:30 p.m

Movie Venue:

The Culver Theater,
9500 Culver Blvd. Culver City CA 90232.

Dinner Venue:

The Bridge at the
Baldwin Hills Crenshaw Plaza
2650 W. Martin Luther King, Jr. Blvd.,
Los Angeles, CA 90008

Cost:

\$55—Dinner & Movie

\$30 Movie Only or Dinner Only

Call 323-759-7567

for tickets and more info.

YOU'RE INVITED

KRST UNITY CENTER OF
AFRAKAN SPIRITUAL SCIENCE

ANNUAL DINNER & A MOVIE
AT THE
PAN AFRICAN FILM FESTIVAL

3 COLD DISHES

FEB 16 | 2026 1:30 p.m.

The Culver Theater, 9500 Culver Blvd. Culver City CA 90232

A gripping thriller of revenge, survival, and sisterhood. Three women, bound by trauma, reunite years later to serve justice in the coldest way possible.

Ticket Prices
Dinner & Movie \$55
Dinner Only \$30 - Movie Only \$30

Dinner Will Be Served After The Movie from 5:00 p.m. to 6:30 p.m.
On The Bridge at the Baldwin Hills Crenshaw Plaza,
2650 W. Martin Luther King Jr Blvd. Los Angeles CA 90008

For More Information Contact The Center At:
(323) 759-7567

WWW.KRSTUNITYCENTER.ORG



PRAYER LIST (Send prayer requests call 323-759-7567)

We pray for The Herron Family, Linette Abdullah and family, Snt Iuseset Leary, The Gonzales, Burks, Edwards families. Sending love light and strength for Sis. Tepra Maat, the, Luis South, Raymond Johns, Karen Hart, Hannibal Ahmed, Snt Tasanet Jackson, Snt Amenka, Sn Heru Kuti, Reggie Shaw, Marvin Deal, Bro Ron Hall, Cecil Green, Nastasha Wilson, Jawanza Dumasini, Lillian Perry, Momma Mason Byrd, Margaret Zamarono, Roxanne Hart, Asantewaa Lewis, Carol Spears, Daniel Shelby, Asante-Ra Smith, Jahlamb Sinclair, the Board Members, and membership of KRST Unity Center. If you are feeling isolated, and alone. misunderstood, overwhelmed and overlooked, know that the grace of the Ntru embrace you in Mer and the earth was created to nourish you with the understanding of your true nature. You cannot fail. Listen to the voice within and know everything you need has already been given to you. You are powerful and unlimited. You are created for good.

ANNOUNCEMENTS FOR SUNDAY, February 01, 2026

Invite your friends, and relatives to join you and the KRST Unity Center family at its annual Dinner & A Movie fundraiser at the Pan African Film Festival - Monday, February 16th at 1:30 p.m. This is a TWO location event. The feature film, **"3 Cold Dishes,"** is a gripping thriller of revenge, survival and sisterhood, will screen at The Culver Theater (address on flyer). After the film, head over to the Bridge at Baldwin Hills Crenshaw Plaza for a great meal and entertainment from 5:00-6:30 p.m. Your evening includes a silent auction, door prizes, and entertainment by our very own Bro. Torre Brannon-Reese, and the KRST voices of Unity. Purchase tickets on EventBrite: **keyword** krst unity. Visit the KRST Unity website for details or to purchase tickets.

Volunteers needed for our PAFF dinner and a movie fundraiser. This annual event is a great way to be in community and raise funds for our Center. It takes many hands make our event a success. PLEASE sign up for a shift beginning at 3pm. We need: help with setup, decorating, taking tickets, serving food, runners and a dedicated breakdown/clean up team. Either a dinner or movie ticket is available for volunteers. Please add yourself to the sign up sheet or see Rev. Erica, or Sisters Consuelo, or Marvia.

Join Black Lives Matter- Grassroots for our monthly organizing meeting, Sunday, February 15th (though typically every 2nd Sunday of the month) at 7:00 PM. Join us for critical discussion and updates about the fights and the wins as we organize into the world we want to see for our people. A hot dinner is always served, and take home a bag of produce along WITH your empowerment. 3423 W. 43rd place @Crenshaw, AfricaTown.

Come out February 21st and every 3rd Saturday of the month at 6 p.m. for our monthly event, **The Movie, The Message & The Movement**. This month we screen the visceral, first-hand account of James Baldwin's experience in civil rights America in, "I Am Not Your Negro." So much can be gained through the dissection of our Icons, government and fellow citizens, then and now. \$5 suggested donation. Additional donations are always welcome! Dinner, snacks and drinks available for purchase. Come feed your mind, body and spirit with KRST Unity. Hosted by Br.Shaka Satori. Call 323-696-

The Rev. Meri Ka Ra food distribution program serves the community every second and fourth Thursday from 11:00 a.m. to 1:00 p.m. Volunteers are always needed for all areas from 9 a.m. to 2 p.m.

Visit the KRST Unity Thrift Store. Shop for clothes, shoes, books, and housewares. Hours are on the KRST Unity website.

We'll keep you updated on the start of the KRST Unity Friday Night Book Study and book selection.

Please allow the offering prayer to deepen your understanding and practice of this benevolent act of reciprocity. Use the QR code or links to Cash App or PayPal. We also accept cash, credit or debit card and checks made payable to: CUC/KRST Unity. All donations to KRST Unity can be made All donations to KRST Unity can be made through the KRST Unity Website (www.krstunitycenter.org).

Daily Word

**"You must live for something.
Let it make a difference that you lived."
Ishmael Tetteh**

Igbo

"! ga-ebiriṛi ndụ maka ihe. Ka o mee ka ọ dị iche na ị biri."

Swahili

"Lazima uishi kwa ajili ya kitu fulani. Acha kifanye tofauti kwamba uliishi."

MDW

(lw) tn khr ankh âu kât âmmâ st rt n st n pâfi tn âânkh.

Voices of Unity /Offering Prayer

Divine love through me, blesses and multiplies all that I am; all that I have; all that I give, and all that I receive.
I give feely, and I receive abundantly.

Empowerment Message

"And Still We Rise!"

Presented By

Rev. Amadi George Hines

Unity Circle

Welcome Guests / Call to Join Benediction

Weekly Affirmation

Ankh, Ujah, Snb — (Life, Health, Strength)

Closing

Lift Every Voice and Sing

Lift ev'ry voice and sing, till earth and heaven ring, ring with the harmonies of liberty.
Let our rejoicing rise, high as the list'ning skies, let it resound loud as the rolling sea.
Sing a song full of the faith that the dark past has taught us, Sing a song full of the hope
that the present has brought us. Facing the rising sun of our new day begun,
let us march on till victory is won.

God of our weary years, God of our silent tears, Thou who hast brought us thus far on the way;
Thou who hast by Thy might, led us into the light, keep us forever in the path, we pray.
Lest our feet stray from the places, our God, where we met Thee, lest our hearts, drunk with the
wine of the world, we forget Thee.
Shadowed beneath Thy hand, may we forever stand, true to our God, true to our native land. Let
us march on 'til victory... March on 'til victory...March on 'til victory is won.