

PRAYER LIST (Send prayer requests call 323-759-7567) We pray for the family of Jabari “Kreative Wood Works” Heedly. Zaden Smith, The family of Nikki Billingslea, Lorenzo Frank, Linette Abdullah and family, Snt Iuseset Leary, The Gonzales, Burks, Edwards families. Sending love light and strength for Sis. Tepra Maat, the, Luis South, Raymond Johns, Karen Hart, Hannibal Ahmed, Snt Tasanet Jackson, Snt Amenka, Sn Heru Kuti, Reggie Shaw, Marvin Deal, Bro Ron Hall, Cecil Green, Nastasha Wilson, Jawanza Dumasini, Lillian Perry, Momma Mason Byrd, Margaret Zamaroni, Roxanne Hart, Asantewaa Lewis, Carol Spears, Daniel Shelby, Asante-Ra Smith, Jahlamb Sinclair, the Board Members, and membership of KRST Unity Center. If you are feeling isolated, and alone, misunderstood, overwhelmed and overlooked, know that the grace of the Ntru embrace you in Mer and the earth was created to nourish you with the understanding of your true nature. You cannot fail. Listen to the voice within and know everything you need has already been given to you. You are powerful and unlimited. You are created for good.

**ANNOUNCEMENTS FOR SUNDAY, March 22, 2026**

KA Women meet Saturday, March 28 9:30 AM to 11 AM at the centerIt's a community and action oriented meeting to get the divine feminine energy together and in motion at KRST

On Sunday, March 29, at 10:30 a.m., the Sunday Empowerment Service welcomes revolutionary speaker Mzuri Pambeli. She will deliver a powerful message entitled “The Culture Women of Haiti: Our Revolutionary Example to Free the Nation!” This inspiring presentation is sure to leave you uplifted and thoughtfully engaged.

The Friday Night Book Study meets at 7 P.M.pst, on Zoom. Sister Enyi will give a brief overview of previous book studies. A new presenter will be selected for the next book. The Zoom link will be posted on the KRST Unity website at [krstunitycenter.org](http://krstunitycenter.org) and sent to all former participants via email. We hope to see you there!

Join Black Lives Matter- Grassroots for our monthly organizing meeting, TONIGHT, and every 2nd Sunday of the month at 7:00 PM. Join us for critical discussion and updates about the fights and the wins of our community. A hot dinner is always served and a bag of fresh produce will be given. .3423 W. 43rd Place @Crenshaw, AfricaTown.

Join KRST Unity March 21st and every 3rd Saturday of each month at 6 p.m. for The Movie, The Message & The Movement. This month we’re hosting a special viewing of, NWA, Not Without Alonzo. A documentary with a touch of humor, showcasing some of the behind-the-scenes genesis of West Coast hip-hop you never knew about. Riveting discussion will follow. Dinner, snacks and drinks available for purchase. Come feed your mind, body and spirit with KRST Unity. Hosted by Br. Shaka Satori. Call 323-696-2671 for more details.

Wellness & Martial arts classes are offered at KRST Unity by Bro. Shakir el Kaleem. See flyer.

The Rev. Meri Ka Ra food distribution program serves the community every second and fourth Thursday from 11:00 a.m. to 1:00 p.m. Volunteers are always needed in all areas—setup, service, cleanup breakdown.

Visit the KRST Unity Thrift Store. Shop for clothes, shoes, books, and housewares. Hours are noted on the KRST Unity website.

Please allow the offering prayer to deepen your understanding and practice of this benevolent act of reciprocity. Use the QR code or links to Cash App or PayPal. We also accept cash, credit or debit card and checks made payable to: CUC/KRST Unity. All donations to KRST Unity can be made All donations to KRST Unity can be made through the KRST Unity Website ([www.krstunitycenter.org](http://www.krstunitycenter.org)).



**Celebrating Over 89 Years of Service to the Community**

1937-2026

Meditation / Empowerment Service

10:30 A.M.

Sunday, March 22, 2026 / 6268

**“The Rise of the Black Man in the Age of the Black Woman”**



**Empowerment Message Facilitated By**

Rev. Amadi George Hines

KRST Unity Center Ministerial Council

Rev. Erica Ni Maat Ra Byrd

Rev. Amadi George Hines

Rev. Richard Meri Ka Ra Byrd—Maa Kheru

KRST Unity Center of Afrakan Spiritual Science

7825 South Western Avenue, LA, CA 90047

[www.krstunitycenter.org](http://www.krstunitycenter.org) [krstunityoutreach@gmail.com](mailto:krstunityoutreach@gmail.com)

Office 323-759-7567



**Service Opens with Reflection and Meditation**  
**Welcome The Ancestors / Libation**

**“Ancestor Spirit Come By Here”**

Ancestor Spirits, won't you come by here;  
We need your presence near.

One mind one power making all things clear;  
Ancestor Spirits, won't you come by here?  
Somebody's praying Spirit, come by here.  
Somebody's singing Spirit, come by here.

**Welcome Visitors / Introduction of Ministers & Staff /**  
**Explanation of Terms / Who We Are / What We Believe**

**STATEMENT OF BEING**

SPIRIT IS ALL; Both Invisible and Visible;  
One Presence; One Mind; One Power is ALL.

This That Is ALL Is Perfect Life, Perfect Love, And Perfect Substance.

I Am an Individualized Expression of The ALL.

I Am Ever One With Its Perfect Life, Perfect Love, And Perfect Substance.

**MISSION & PURPOSE**

The mission and purpose of KRST Unity Center is to provide a loving and supportive atmosphere for personal and spiritual growth for all people to learn how to apply the KRST principles to master their lives.

**THE KRST PRINCIPLE**

The Kemetic (Ancient Egyptian) Principle of the Christ -  
The Transformative power of The All that is within  
each and every person and thing.

**THE PRINCIPLES OF MAAT**

Truth, Justice, Righteousness, Propriety, Harmony,  
Order, Balance, and Reciprocity

**THE VIRTUES**

I Control My Thoughts  
I Control My Actions

I Have Devotion And Steadfastness Of Purpose

I Identify With A Spiritual Life Or Higher Ideals

I Show Evidence Of Having A Mission In Life

I Cultivate A Call To Spiritual Orders Or The Priesthood

I Am Free From Resentment Under The Experience Of Wrong-Doing

I Have Confidence In The Power Of The Master To Teach The Truth

I Have Confidence In My Ability To Learn And Wield The Truth

I Am Ready And Prepared For All Initiation Processes

**WEEKLY AFFIRMATION - Sunday, March 22, 2026**

I am no longer afraid of what could go wrong;  
Instead I focus on what is going right.

**KRST Unity Center of Afrakan Spiritual Science**  
**7825 S. Western Ave, LA, CA 90047 323-759-7567**

**Daily Word**

The wise leader knows that yielding overcomes resistances and does not fight the force of the of the group's energy but flows and yields and absorbs and lets go. *The Tao of Leadership Stanza 74 by John Heider*

**Igbo**

Onye ndu maara ihe maara na ikwenye na-emeri ndi mmegide ma o naghị aluso ike nke ike nke otu ahụ oḡu kama o na-asọ ma na-amịkọrọ ma na-amịkọrọ ma na-ahapụ.

**Swahili**

Kiongozi mwenye busara anajua kwamba kujisalimisha hushinda upinzani na hakupigani na nguvu ya nishati ya kikundi bali hutirika na kutoa mavuno na kunyonya na kuachilia.

**MDW**

Iw irw iw pa hrii khesu m n ntii nb tchais iw iwrhku

**Voices of Unity /Offering Prayer**

Divine love through me, blesses and multiplies all that I am; all that I have; all that I give, and all that I receive.  
I give feely, and I receive abundantly.

**Empowerment Message**

“The Rise of the Black Man in the  
Age of the Black Woman”

**Empowerment Message Facilitated By**

Rev. Amadi George Hines

**Unity Circle**

**Welcome Guests / Call to Join Benediction**

**Weekly Affirmation**

**Ankh, Ujah, Snb — (Life, Health, Strength)**  
**Closing**

**Lift Every Voice and Sing**

Lift ev'ry voice and sing, till earth and heaven ring, ring with the harmonies of liberty.  
Let our rejoicing rise, high as the list'ning skies, let it resound loud as the rolling sea.  
Sing a song full of the faith that the dark past has taught us, Sing a song full of the hope  
that the present has brought us. Facing the rising sun of our new day begun,  
let us march on till victory is won.

God of our weary years, God of our silent tears, Thou who hast brought us thus far on the way;  
Thou who hast by Thy might, led us into the light, keep us forever in the path, we pray.  
Lest our feet stray from the places, our God, where we met Thee, lest our hearts, drunk with the  
wine of the world, we forget Thee.  
Shadowed beneath Thy hand, may we forever stand, true to our God, true to our native land. Let  
us march on 'til victory... March on 'til victory...March on 'til victory is won.