

Celebrating Over 89 Years of Service to the Community

1937-2026

Meditation / Empowerment Service

10:30 A.M.

Sunday, May 10, 2026 / 6268

“The Dark Side of the Moon:  
The Power of The Mother & Healing the  
Aset/Heru Wound”



Empowerment Message By  
Sharon D. Johnson, PhD

KRST Unity Center Ministerial Council

Rev. Erica Ni Maat Ra Byrd

Rev. Amadi George Hines

Rev. Richard Meri Ka Ra Byrd—Maa Kheru

KRST Unity Center of Afrakan Spiritual Science

7825 South Western Avenue, LA, CA 90047

[www.krstunitycenter.org](http://www.krstunitycenter.org) [krstunityoutreach@gmail.com](mailto:krstunityoutreach@gmail.com)

Office 323-759-7567



**Service Opens with Reflection and Meditation**  
**Welcome The Ancestors / Libation**

**“Ancestor Spirit Come By Here”**

Ancestor Spirits, won't you come by here;  
We need your presence near.

One mind one power making all things clear;  
Ancestor Spirits, won't you come by here?  
Somebody's praying Spirit, come by here.  
Somebody's singing Spirit, come by here.

**Welcome Visitors / Introduction of Ministers & Staff /  
Explanation of Terms / Who We Are / What We Believe**

**STATEMENT OF BEING**

SPIRIT IS ALL; Both Invisible and Visible;  
One Presence; One Mind; One Power is ALL.

This That Is ALL Is Perfect Life, Perfect Love, And Perfect Substance.

I Am an Individualized Expression of The ALL.

I Am Ever One With Its Perfect Life, Perfect Love, And Perfect Substance.

**MISSION & PURPOSE**

The mission and purpose of KRST Unity Center is to provide a loving and supportive atmosphere for personal and spiritual growth for all people to learn how to apply the KRST principles to master their lives.

**THE KRST PRINCIPLE**

The Kemetic (Ancient Egyptian) Principle of the Christ -  
The Transformative power of The All that is within  
each and every person and thing.

**THE PRINCIPLES OF MAAT**

Truth, Justice, Righteousness, Propriety, Harmony,  
Order, Balance, and Reciprocity

**THE VIRTUES**

I Control My Thoughts  
I Control My Actions

I Have Devotion And Steadfastness Of Purpose

I Identify With A Spiritual Life Or Higher Ideals

I Show Evidence Of Having A Mission In Life

I Cultivate A Call To Spiritual Orders Or The Priesthood

I Am Free From Resentment Under The Experience Of Wrong-Doing

I Have Confidence In The Power Of The Master To Teach The Truth

I Have Confidence In My Ability To *Learn And Wield The Truth*

*I Am Ready And Prepared For All Initiation Processes*

**WEEKLY AFFIRMATION - Sunday, May 10, 2026**

Each day, I focus on aligning my energy, honoring my soul's journey, and acknowledging my spiritual and absolute intention to always show up as my best self.

**KRST Unity Center of Afrakan Spiritual Science**  
**7825 S. Western Ave, LA, CA 90047 323-759-7567**

**Sharon D. Johnson, PhD**, is a journalist, screenwriter, filmmaker, depth psychologist, and scholar of Africana film, television, arts, literature, and culture. As a Lecturer for seven years in the Department of Africana Studies at California State University, Northridge (CSUN), she has taught courses in literature, psychology, film & television, and popular culture. She is a two-time CSUN MVP (Most Valuable Professor).

Dr. Johnson is also a script & story consultant for PBS Masterpiece. She has been a member of the Writers Guild of America West (WGAW) labor union since 1993 and served as Chair of the Writers Guild's Committee of Black Writers from 1999 to 2003. In January 2025, Dr. Johnson was part of the inaugural cohort of the six-week Around the Fire Film Immersion Workshop facilitated by renowned filmmaker Haile Gerima in the Washington, D.C.-based Sankofa Film Institute.

A graduate of Barnard College with a BA in the Program in the Arts - Writing Concentration, Dr. Johnson also holds an MA in Media Studies (Video Production Track) from the New School, and earned an MA and PhD in depth psychology from Pacifica Graduate Institute. Her 2011 doctoral dissertation, *The Fire that Genius Brings: Creativity and the Unhealed Companionship Between Zora Neale Hurston and Langston Hughes*, is an original psycho-biographic examination of the deep friendship, Aset-Ausar sibling relationship, and eventual estrangement between the two renowned Harlem Renaissance writers.

Dr. Johnson's chapters on filmmaker Julie Dash and Dr. Celestine L. Smith (the first African American Jungian psychologist) are included in volumes published by Peter Lang and Routledge, respectively. Two new chapters on Zora Neale Hurston will appear in the forthcoming Cambridge University Press publication, *Zora Neale Hurston in Context* (in press).



**PRAYER LIST (Send prayer requests call 323-759-7567)**

Linette Abdullah and family, Snt Iuseset Leary, The Gonzales, Burks, Edwards, and Curry families. Sending love, light and strength for Love Turner, Luis South, Raymond Johns, Karen Hart, Hannibal Ahmed, Snt Tasanet Jackson, Snt Amenka, Sn Heru Kuti, Reggie Shaw, Marvin Deal, Bro Ron Hall, Cecil Green, Nastasha Wilson, Jawanza Dumasini, Lillian Perry, Momma Mason Byrd, Margaret Zamaroni, Roxanne Hart, Asantewaa Lewis, Carol Spears, Daniel Shelby, Asante-Ra Smith, Jahlamb Sinclair, the Board Members, and membership of KRST Unity Center. Are you feeling isolated, and alone, misunderstood, overwhelmed and overlooked? Know that the grace of the Ntru embraces you in Mer and the earth was created to nourish you with the understanding of your true nature. You cannot fail. Listen to the voice within and know everything you need has already been given to you. You are powerful and unlimited. You are created for good.

**ANNOUNCEMENTS FOR SUNDAY, May 10, 2026**

KRST Unity welcomes Shamir Moorer May 13, 2026 at 6:30 PM for a zoom presentation on breathing techniques to activate, regulate and shift energy in the body. To better serve our membership and community, the KRST Ministry is extending the Whm Mes Tu format of providing presentations to enhance your well-being. The presentations will be monthly and take place on Wednesdays from 6:30 PM to 8 PM on the Zoom platform. The link will be available on the KRST website at [krstunitycenter.org](http://krstunitycenter.org). We hope to see you there. These presentations are an opportunity for us to share our gifts with our community. Please notify the ministers if you are also interested in doing a presentation.

Join KRST Unity at the Barbara Morrison Theater as we support the stage play, Seven A Seat At the Table featuring Consuelo Alegria, Saturday May 23rd at 1pm. Or catch any other performance through May 30. See the flyer on the KRST Unity website for more details.

Join KRST Unity THIS SATURDAY May 16th and every 3rd Saturday of each month at 1 p.m. & 5 p.m. for The Movie, The Message & The Movement. This month we screen the vital documentary, How Lynching Became Legal in America for BOTH screenings. Come to 1 p.m. and strategize with Allies, or 5 p.m. hosted by Br. Shaka Satori. Call 323-696-2671 for more details.

This month, join Black Lives Matter for their monthly organizing meeting, Sunday May 17th (delayed one week for Mother's Day) at 7pm at the Center for Black Power to get informed and involved in the boots on the ground justice work in our community. Hot dinner, a big bag of produce and vital information are there for YOU.

The KA Women's meetings take place every 2nd Sunday at 1:00 pm, immediately following Empowerment Service. Please mark your calendars, and share this information with our KRST Sisters.

Join the KRST Unity Friday Night Book Study from 7:00 - 8:30 p.m. every week on the Zoom platform. The book "A Life Centered Life – Living Maat" by Seba Rkhty Amen is available for purchase online. Check the KRST Unity website for link access, or contact the office at 323.759.7567 to add your name to the class roster. love offering \$10.00.

Wellness & Martial arts classes are offered at KRST Unity by Bro. Shakir el Kaleem. 12:00 p.m to .4:00 p.m. Every Saturday.

Please contact our office at 323.759.7597 for prayer, and counseling services. We look forward to hearing from you regarding any personal and community matter and concerns.

Please allow the offering prayer to deepen your understanding and practice of this benevolent act of reciprocity. Use the QR code or links to PayPal. We also accept cash, credit or debit card and checks made payable to: CUC/KRST Unity. All donations to KRST Unity can be made All donations to KRST Unity can be made through the KRST website at [ww.krstunitycenter.org](http://ww.krstunitycenter.org)

**Daily Word**

The tears of a Mother water the soul of a nation.

**Igbo**

Anya mmiri nke Nne Mmiri mkpuru obi nke mba.

**Swahili**

Machizi ya Mama Yanamwagilia Roho ya Taifa.

**Yoruba**

Omijé Ìyá kan ní fi omi fún ọkàn orilẹ̀-èdè kan.

**MDW**

P àrit m ā Mu-t inu P Ka m ā Khast.

Voices of Unity /Offering Prayer

Divine love through me, blesses and multiplies all that I am; all that I have; all that I give, and all that I receive. I give feely, and I receive abundantly.

**Empowerment Message**

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**Unity Circle**

**Welcome Guests / Call to Join Benediction  
Weekly Affirmation**

**Ankh, Ujah, Snb — (Life, Health, Strength)**

**Closing**

**Lift Every Voice and Sing**

Lift ev'ry voice and sing, till earth and heaven ring, ring with the harmonies of liberty.  
Let our rejoicing rise, high as the list'ning skies, let it resound loud as the rolling sea.  
Sing a song full of the faith that the dark past has taught us, Sing a song full of the hope  
that the present has brought us. Facing the rising sun of our new day begun,  
let us march on till victory is won.

God of our weary years, God of our silent tears, Thou who hast brought us thus far on the way;  
Thou who hast by Thy might, led us into the light, keep us forever in the path, we pray.  
Lest our feet stray from the places, our God, where we met Thee, lest our hearts, drunk with the  
wine of the world, we forget Thee.  
Shadowed beneath Thy hand, may we forever stand, true to our God, true to our native land. Let  
us march on 'til victory... March on 'til victory...March on 'til victory is won.