

Celebrating Over 85 Years of Service to the Community

1937-2025 Wep-Ren Pet 6267

Meditation Begins - 10:20 a.m.

Empowerment Service - 10:30 a.m.

Sunday, March 09, 2025

6267

Whm Mes Tu:
"Rebirth Through The Power
Of The Divine Feminine"



Empowerment Message Presented By
Rev. Erica Ni Maat Ra Byrd

KRST Unity Center Ministerial Council
Rev. Erica Ni Maat Ra Byrd
Rev. Amadi George Hines
Rev. Richard Meri Ka Ra Byrd—Maa Kheru



KRST Unity Center of Afrakan Spiritual Science
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Office 323-759-7567



**Service Opens with Reflection and Meditation
Welcome The Ancestors / Libation**

“Ancestor Spirit Come By Here”

Ancestor Spirits, won't you come by here;
We need your presence near.

One mind one power making all things clear;
Ancestor Spirits, won't you come by here?
Somebody's praying Spirit, come by here.
Somebody's singing Spirit, come by here.

**Welcome Visitors / Introduction of Ministers & Staff /
Explanation of Terms / Who We Are / What We Believe**

STATEMENT OF BEING

SPIRIT IS ALL; Both Invisible and Visible;
One Presence; One Mind; One Power is ALL.

This That Is ALL Is Perfect Life, Perfect Love, And Perfect Substance.

I Am an Individualized Expression of The ALL.

I Am Ever One With Its Perfect Life, Perfect Love, And Perfect Substance.

MISSION & PURPOSE

The mission and purpose of KRST Unity Center is to provide a loving and supportive atmosphere for personal and spiritual growth for all people to learn how to apply the KRST principles to master their lives.

THE KRST PRINCIPLE

The Kemetic (Ancient Egyptian) Principle of the Christ -The Transformative power of The All that is within each and every person and thing.

THE PRINCIPLES OF MAAT

Truth, Justice, Righteousness, Propriety, Harmony,
Order, Balance, and Reciprocity

THE VIRTUES

Control My Thoughts
I Control My Actions

I Have Devotion And Steadfastness Of Purpose

I Identify With A Spiritual Life Or Higher Ideals

I Show Evidence Of Having A Mission In Life

I Cultivate A Call To Spiritual Orders Or The Priesthood

I Am Free From Resentment Under The Experience Of Wrong-Doing

I Have Confidence In The Power Of The Master To Teach The Truth

I Have Confidence In My Ability To Learn And Wield The Truth

I Am Ready And Prepared For All Initiation Processes

WEEKLY AFFIRMATION

Sunday, March 09, 2025

Through Spirit I am whole and manifest my highest good.

**KRST Unity Center of Afrakan Spiritual Science
7825 S. Western Ave, LA, CA 90047 Main 323-759-7567**

"Whm Ms Tu proclaimed by Nswt Bty Amenemhat, 2000 AFK was the first articulation of the concept of Recommitment and revival. Whm Ms Tu was a call for the people to return to the fundamental concepts, ideas, thinking, features, characteristics and practices that had made KHMT (Egypt) a great nation.

Steps to will help you in your celebration of WHm Mes Tu:

WHm Mes Tu Day and Celebrate this first 100 Days of the seasonal change. For WHm Mes Tu Observances:

Establish a weekly commitment to act on the principles of Khepera (action, transformation, rebirth) in my heart/mind.

- Prayer: Conscious attunement of our heart/mind in this First 100 Days of the Spiritual Renaissance with the All Good, One Presence, One Power Spirit/NTR. We realize our perfect connection with Spirit/NTR. We frame our thoughts and speak our desire for the highest and best for spiritual unfolding.
- Meditation: Meditate daily for spiritual empowerment in these 100 days.
- Spiritual Season: Lovingly give attention to the spiritual empowerment of Unity and all of our Brothers and Sisters everywhere. During WHm Mes Tu Day, Let us gather together, in consciousness at 6:30 PM , wherever we establish as our place of meditation, for a inner generated meditation processes for the spiritual regeneration of consciousness for all of us.
- Spiritual Renewal Activity: In this First 100 Days of the Spiritual Renaissance, commit to at least one hour daily of conscious participation in an activity for spiritual renewal; formal classes; reading spiritually centered books, sharing truth principles, visiting hospitals, nursing homes, volunteering, being of service to one another.
- Commitment of Time, Talent and Treasure for the spiritual renewal of consciousness: Each of us has gifts to give and all giving returns to the giver multiplied. During WHm Mes Tu Day: in your prayer and meditation, affirm your desire and gently ask Spirit's direction for how you can best serve through the gift of your Time, Talent and Treasure for the rebirth and revitalization of spiritual consciousness in your life, in the dynamic life of The KRST Center, The Village and any of your organizations.

PRAYER LIST (Send prayer requests call 323-759-7567)

We pray for Dorothy Smith and family, she made her transition on Friday. We pray for Dr. Lee Cenquizca and his family, Steven Lamont Bryant makes his way to the ancestors. We send healing love to Tep Ra Oliver, Darlene Petty, Momma Mason Byrd, Evette Jackson. Dorothy Jean, Beverly Frazier, Bro. Congo and wife Barbara, Mollie Bell, Bro. Yaw Davis, Thomas Byrd, Raymond Booker, Jr., Michael Christopher, Margaret Zamaron, Roxanne Hart, Asantwaa Lewis, Carol Spears, Daniel Shelby, Jason and Asante Re Smith, Jahlamb Sinclair, and the Board Members, and membership of KRST Unity Center. If you are feeling isolated, and alone. misunderstood, overwhelmed and overlooked, know that the grace of the Ntru embrace you in Mer and the earth was created to nourish you with the understanding of your true nature. You cannot fail. Listen to the voice within and know everything you need has already been given to you. You are powerful and unlimited. **You were created for good.**



Grand Opening
Today!

KRST THRIFT
STORE

Sat March 8th - 10 am - 5:00 pm
Sun March 9th - 12 pm - 5:00 pm

Accessories · Clothes · Electronics · Home
Appliances · Shoes · Children's Clothes · and
More

7425 S. Western Avenue, Los
Angeles CA 90047

Announcements for Sunday, March 09, 2025 KRST UNITY CLASS & ACTIVITY SCHEDULE

- Celebrate the grand opening of KRST Unity Center's Thrift Store. Regular hours will be announced.
- The season of Whm Mes Tu continues. -Clear your mind of anger, disappointment, and discord. Your body should be cleansed of unhealthy foods and impurities so that the Spiritual lessons, and blessings gained through this process are receive implemented.
- Every at 7:00p.m. on the zoom platform, participate in the deep study gathering. Allow this process to assist you in the furtherance and commitment to the Renewal, Revival, Restoration and Regeneration of the Maatian mission, principles, and practices.
- The Friday night study group at 7:00 p.m. takes a deep dive into the book "Wretched Kush" By Stuart Tyson Smith (2003). Donation requested. Text books can be purchased through Shades of Africa bookstore in Long Beach.
- If you have experience or a desire to provide technical support for the weekly Empowerment Service KRST Unity needs you! The need is critical and we are willing to train. All we ask is that you come with an open mind and heart. If you are interested, please reach out directly to Bro. Sa Men Ra at 310-989-5424 or leave a message at the Center's office at 323-759-7567 for details.
- The Rev. Meri Ka Ra food distribution program continues to serve the community every second and fourth Thursday of each month from 11 a.m. to 1 p.m. Currently, we need volunteers to help with setup, takedown, distribution and cleanup. We welcome your time and talent for just a few hours or the duration of the program. Any time you are able to give would be incredibly helpful.
- KRST Unity Center thanks all who donate, volunteer, and participate in Center activities. The single most important need for KRST Unity is a continuous influx of funds—through collections, donations, funded activities, and fundraisers. Because we are a member-driven Center, and YOUR SUPPORT is the only way we to keep the lights on and the. We've put a call out to our friends, and any other affiliates within the community who wishes to support our Center. We accept all major credit and debit cards, Cash App, PayPal, cash, and checks made payable to CUC KRST Unity Center. We also offer reoccurring continuous support through PayPal and Cash App platforms. We've been told that We send out a challenge to every person on social media to make a donation of \$25 or more to show your support for the Center. Again, we thank you for your love of this Center of truth!

DAILY WORD

You can't hold a man down without staying down with him.

Booker T. Washington

Igbo

! nweghi ike ijide mmadu ma o buru na gi na ya noro.

Swahili

Huwezi kumshikilia mwanaume bila kukaa naye chini.

Spanish

No puedes mantener a un hombre abajo sin permanecer abajo con él.

Yoruba

O ko le mu okunrin kan mole lai duro si isale pelu re.

MDW

Iw tn itkhr hr ih sa hr hnam st hr hna nf.

Congregational Song / Announcements

Voices of Unity /Offering Prayer

Divine love through me, blesses and multiplies all that I am;
all that I have; all that at I give and all that I receive.
I give feely, and I receive abundantly.

Empowerment Message

"Whm Mes Tu:

Rebirth Through The Power Of The Divine Feminine"

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Unity Circle / Welcome Guests / Call to Join Benediction

Weekly Affirmation

Ankh, Ujah, Snb — (Life, Health, Strength)

Closing

Lift Every Voice and Sing

Lift ev'ry voice and sing 'Til earth and heaven ring—Ring with the harmonies of Liberty
Let our rejoicing rise High as the list'ning skies—Let it resound loud as the rolling sea.
Sing a song full of the faith that the dark past has taught us / Sing a song full of the hope that
the present has brought us / Facing the rising sun of our new day begun /
Let us march on 'til victory is won
God of our weary years God of our silent tears; Thou who has brought 8
us thus far on the way
Thou who has by Thy might Led us into the light / Keep us forever in the path, we pray
Lest our feet stray from the places, our God, where we met Thee / Lest, our hearts drunk with
the wine of the world, we forget Thee /Shadowed beneath Thy hand May we forever stand
True to our God True to our native land Let us march on 'til victory...