KRSTUNITY CENTER OF AFRAKAN SPIRITUAL SCIENCE

7825 SOUTH WESTERN AVENUE, LOS ANGELES, CA 90047
323-759-7567
KRSTUNITYCENTER.ORG
KRSTUNITYOUTREACH@GMAIL.COM



MEMBERSHIP ORIENTATION

Senior Minister

Rev. Dr. Richard "Meri Ka Ra" Byrd (Maa Kheru)

Ministerial Council

Rev. Abut Smsut Sat– Baset, Rev. Erica Ni-Maat Byrd

Board of Directors

President: Debra Adewale
Vice President:

Treasurer: Denise Curry (Tetisheri) **Secretary:** Marvia Sinclair

Members: Jawanza Dumasani & Lorenzo Frank Ministerial Council Members

Welcome



Dear Prospective New Member and Rededicating Member,

On behalf of the members of KRST Unity Center of Afrakan Spiritual Science, the Ministerial Staff, Administrative Staff, and Technical Staff, we welcome you and your family into our KRST Unity Family.

We, like you, are committed to the discovery of our true spiritual self. It is a journey that has brought us together for the mutual assistance that we provide to each other. Our responsibility is to always uphold the highest standard of truth. We are committed to teaching "the Truth that sets us free" through classes, workshops, initiations, community meetings and even the facilitation of seemingly chance encounter. All of these provide a framework of opportunities for learning the principles of truth and also the living examples of encouragement to practice the principles in our daily lives. Your responsibility, along with ours is when we see error in our lives, and even in each other, we recognize it as the very substance of what we are here to work on and learn. So we remain engaged with each other in order for Spirit to assist our working it out as family.

You have made the right choice. Keep saying "Yes!" so that your purpose for being and ours can unfold to the honor and glory of the creator and our beloved ancestors, for whom we serve, in behalf of and along with our children and the generations yet to be born.

With love and deepest respect and caring,

Rev. Richard ((Meri Ka Ra) Byrd, Senior Minister (MAA KHERU) KRST Unity Center Of Afrakan Spiritual Science

NEW MEMBERS ORIENTATION

TABLE OF CONTENTS

DAY 1

AGENDA OUTLINE

WELCOME

LIBATION

WELCOMING AND INTRODUCTIONS

- Opening Remarks
- Welcome Statement
- Introduction of Attendees

OVERVIEW

- KRST History and Background
- Our Logo—
- KRST Today—The Institute

ORGANIZATIONAL STRUCTURE AND GOVERNANCE

- The Board
- The Councils
- By-Laws
- Codes of Ethics

AFRICAN SPIRITUAL SCIENCE

- Mission Statement
- Vision Statement
- KRST Values
- Statement of Purpose

(QUESTIONS AND ANSWERS)

LUNCH BREAK

AFRICAN SPIRTUAL SCIENCE PART II

- The Virtues
- The Definition and Principles of Maat
- African Spiritual Science Basic Terms

REVIEW AND SURVEY

DAY 2

MUST ATTEND EMPOWERMENT SERVICE 10:30AM

PHASE II

Welcome

Quick Review of Day 1

The Path

- Strategic Plan
- Rites And Rituals
- Libation
- Scriptures
- Supporting Doctrines

PHASE III

Respect, Honor and Gratitude

- Sexuality And Spirituality
- Expansive Language/Inclusive Behavior
- Code Of Ethics Revisited
- Spiritual Gifts
- The Offering
- How To Get Involved (Introduction To Ministries)
- Additional Reading
- Vocabulary

Membership Expectations

MAAT

- Empowerment Service Attendance
- Continued Spiritual Growth
- Faithful Giving
- Serving In At Least One Ministry (Guild)
- Participating In Center Activities
- Attending Congregational Meeting
- Affirmation
- Member Commitment
- Commitment For KRST Unity Empowerment

Unity Circle Closing

Member Orientation Manual

The purpose of this manual is to provide an in-depth view of the activities, functions, and purpose of KRST Unity Center of Afrakan Spiritual Science. This information is also designed to assist new as well as regular members in developing a greater understanding of Who we are; Why we are; and What we teach. KRST Unity Center teaches that there is a favorable reaction or effect which follows a pattern of thought or cause. This incorporates ideas such as: health, prosperity, relationships, and spiritual growth. We teach that the law of cause and effect governs every aspect of life. Similarly, it is held that right thinking will result in a greater experience of success and abundance. "Thoughts held in mind, produce after their kind."

Who We Are

KRST Unity Center is an Afrakan Centered Spiritual Center committed and dedicated to the Principles and Practices of Maat—Truth, Justice, Righteousness, Harmony, Propriety, Order, Reciprocity, and Balance. We believe that as beings created in the image and likeness of NTR, we have been given the authority, capability and responsibility to create a healing consciousness and activity of "on earth, as it is in the universe/cosmos". This will be archived by our coming to "know ourselves" as the totally unlimited spiritual beings that we are. We are spiritual beings, living in a spiritual universe, governed by spiritual laws with access to our ancestors ancient methodology for the practical application of spiritual principles.

There are physical, mental and emotional experiences that shape our community's sense of reality. The vestiges of racism and the associated poverty and poor health are healable through the practical application of spiritual principles. How blessed we are that the healing principles of truth called "New Thought" are our own Afrakan Spiritual teachings.

We at KRST Unity Center, through our Afrakan historical and cultural frame-work are coming to "Know Ourselves", and are leading our community and the world through this healing process.

We thank you and your family for making that important decision to join our family.

Where Did We Come From?

KRST Unity Center was founded as part of Unity Society of Christianity founded in 1889 by Charles and Myrtle Fillmore. Charles and Myrtle heard a lecture by Dr. E.B. Weeks, a representative of the Metaphysical College, about Spiritual healing and changing ideas about God and themselves that changed their lives forever. Myrtle, sick from childhood, believed she inherited tuberculosis from her mother as her mother believed she had inherited it as well. Charles had been diagnosed with incurable tuberculosis, which left him mostly bedridden and on crutches until age 18. Now, believing that "she was a child of God and therefore could not inherit sickness", she was completely healed within 2 years. Charles caught the "Truth" and began opening to his own spiritual nature, a lifelong process of prayer and meditation, which he called, "going to the source". Using these new "Ancient" teachings, they began to form classes to teach healing to their neighbors on an informational basis. They later published "Modern Thought" a little magazine which started a movement which later became Unity.

Unity is a part of an ongoing Spiritual education and living process that had its inception in the Southern and Eastern Nubian/Afrakan and its flowing in the fertile Nile Valley of KMT (Kemet), Egypt. The Winged Globe symbol was chosen by Charles as the symbol of Unity. The Winged Globe or sun disk is an ancient religious symbol that had its earliest use in Egypt, and it is found in various forms in the religions of other races. The Winged Globe represents the relation that exists between Spirit, Body, and Soul. The Soul gives wings to the body. Spirit is the enveloping principle like the atmosphere in which both soul and body exists and from which they draw their original inspiration. Thus Modern Unity was born through the connectedness with ancient symbols and "Old Thought" from ancient Afrakan Spiritual teachings.

Likewise, the Transcendentalist, the Rosicrucian Order, Christian Science, Science of Mind, Divine Science, and many more, "New Thought" movements and practitioners owe the fundamental basis of their teachings to the ancient Afrakan Spiritual teachings that date back tens of thousands of years.

The formation of Christ Unity Center began in the 1920's under the leadership of Rev. Helen Mouton, with some of the founding members. Mr. John Merritt, Mrs. Juanita Merritt, John's sister, Mrs. Mary Justice and Mrs. Juanita Townsend, still active at the arrival of Rev. Byrd. Unity was incorporated in August 1937 with the first Center located at 46th and Mettler. Rev. Helen Moulton served as Minister until 1960 when Rev. Trudie Liddell took over. In 1961, with the help of her family and some of the members, Rev. Trudie Liddell bought the building at our current location and moved in that same year. Rev. Trudie served until 1983. She was followed by Rev. Mario de Farrai from 1983-87. From 1987 to mid 1988 Rev. Thomas Vivens and Rev. Ms. Clare Epps served. Rev. Liddell, who came out of retirement to rescue the ministry served until Minister Rev. Richard Byrd began his service to Christ Unity Center unofficially with a concert on Thanksgiving 1988 and officially began on Sunday, January I, 1989 with about 10 people in attendance.

The initial thrust of Rev. Byrd's ministry and leadership was to grow Christ Unity Center large enough to move out of South Central, to 'lust a little west" to be able to attract and build a more "universal" Center of truth. Sure enough, Christ Unity began to thrive as a typical Unity Center attracting folks to a wonderful message of truth for those folks living with their "heads just a little out of the water". Yet all around us undeniably, were people who were drowning. That initial plan soon gave way to Spirits' plan for Rev. and Erica, his wife, to grow where they were planted: right here smack in the middle of South Central Los Angeles. The praying and searching then became for a way to make relevant the "New Thought" teachings to a community of people some of whom were deeply searching for their spiritual selves; others having thrown away religion, and angry, and those still locked into the cult of Jesus but trying to find their way.

By the Divine movement of Spirit, Rev. Byrd heard Dr. Leonard Jefferies, noted scholar and historian speaking on a radio program discussing Afrakan Centered Concepts. This hearing brought the answers to their prayers and touched upon their divine purpose: to find a way to reach their people in a powerful way that could make the New Thought teachings that so influenced their lives for good, abundantly available to the hearts and minds of a people hurt and stifled by religious beliefs and practices that were numbing their capacity to flourish in life. As a result of this spiritual awakening, and the deep understanding and new

awareness that the powerful life giving spiritual practices of New Thought were all based upon Ancient Spiritual Thought and practices, they launched their focus and dedication to the teachings of the greater truth. The Spiritual Cosmology of Christ Unity evolved to include the teachings of Afrakan history and culture and the spiritual knowledge and practices as our Ancient Afrakan ancestors lived their lives by. Rev. Byrd began to incorporate more of the Afrakan teachings into his lessons. This caused a major revolt within the church leadership, where the existing board attempted to oust him from the church for embracing Afrakan ideas and Afrakan centered programs. The members stood fast through a re-organization and continued their loving and much needed support. On September 5th, 1993, Afrakan Spirituality was instituted as a separate service on Sunday evenings while he continued to slowly bring the Afrakan Spiritual teachings to the whole center.

Where Are We Going?

So, here we stand today, poised with these "Ancient New Thought" teachings in the midst of our people so devastatingly caught up in self-hatred, who have no clue as to who we are as a people and certainly no knowledge as to our true spiritual nature. We blindly follow a religious teaching and practice far removed from the real teaching and practices of the Christ and even further removed from their source, the teachings of our Afrakan ancestors. Ancient Afrakan New Thought tells us that through the power of Neteru (NTR) within us, the Power of "I AM" we can shake off any enslavement. We are taught that as we believe, so is it done unto us, and we do believe. Our ancestors teach us that belief must be auctioned so that it becomes "KNOWING'. All that is left for us to do is to open ourselves to the future revelation of NTR's truth and to commit our whole being to the unfolding of that truth for the uplifting of ourselves; our family; our community and all of humankind. We must take these truths into our hearts and minds, meditate and pray upon them and live our lives as demonstrations of the "Truth" that makes us free. We will attract those of like-mind and grow one soul at a time, until we stand again as the epitome of the best of the human race, celebrating our Afrakan heritage and teachings. More so, we will celebrate our spirituality and oneness with NTR, living MAAT; truth, justice, propriety, righteousness, order, balance, reciprocity, and harmony as the Spiritual Beings we truly are. Speaking MAAT, Doing MAAT!

Welcome and Introductions

Each new member gives full name and a brief introduction of themselves.

Statement of Being

SPIRIT IS ALL; Both Invisible & Visible;

One Presence; One Mind; One Power is ALL.

This That IS ALL is Perfect Life, Perfect Love, And Perfect Substance

I am an individualized expression of The ALL.

I am ever One with Its Perfect Life, Perfect Love,

And Perfect Substance.

Mission and Purpose Statement

The mission and purpose of KRST Unity center is to provide a loving and supportive atmosphere for personal and spiritual growth for all people to learn how to apply the KRST principles to master their lives.

The KRST Principle

The Kemetic (Ancient Egyptian) principle of the Christ - the transformative power of the all that is within each and every person and thing.

The Principles of MAAT

Truth, Justice, Righteousness, Propriety, Harmony, Order, Balance and Reciprocity

The Virtues

- I Control My Thoughts
- I Control My Actions
- I Have Devotion And Steadfastness Of Purpose
- I Identify With A Spiritual Life Or Higher Ideals
- I Show Evidence Of Having A Mission In Life
- I Cultivate A Call To Spiritual Orders Or The Priesthood
- I Am Free From Resentment Under The Experience Of Wrong Doing
- I Have Confidence In The Power Of The Master To Teach The Truth
- I Have Confidence In My Ability To Learn And Wield The Truth
- I Am Ready And Prepared For Any And All Initiation Processes

SERVICE OF AFFIRMATION OF SPIRITUAL LAWS OF TRUTH FOR RITUAL CLOSURE

1. THE LAW of ACCEPTANCE

The first and possibly the most important spiritual law is that everything is as it should be. Nothing occurs by accident, and there are no coincidences- We are in Divine Order, always evolving, whether we are aware of it or not.

Affirm: I accept that my life is exactly as it should be. I am created to have what I need to support my own unique, evolutionary process. My life is in Divine Order now.

2. THE LAW OF SURRENDER

When we stop resisting and surrender to the situation exactly as it is, things begin to change. Resistance denies us our right to heal. Resistance keeps us locked in fear and informs us erroneously that if we let go, our lives will go out of control, or we will find ourselves in situations we can't handle.

Affirm: I surrender to the present, and all of the good lessons that move me forward on my journey.

3. THE LAW OF DIVINE GUIDANCE (You are always connected to the One)

NTR will do for you what you cannot do for yourself because you like "it" are unlimited. When you get out of your own way and let go of your defenses, you will become humble. Humility is the doorway through which the Divine can walk into your life.

Affirm: I affirm that the Law of Divine Guidance abides in me now. I am shown humility, and clear vision, and I eliminate false pride, or ego, that closes the door to my higher wisdom.

4. THE LAW OF RESPONSIBILITY (Guidance comes from tuning in to One Mind, One Power)

With Divine Guidance, we can look at exactly how we participated in and co created our divorce "drama." We begin to take responsibility for our entire situation and make peace with our past. We can see how we've chosen the perfect partner to teach us the perfect lessons needed to enhance our soul growth.

Affirm: I take responsibility for my part in co-creating this experience. I ask NTR to come into my life and guide me through to my healing.

5. THE LAW OF CHOICE

Having taken responsibility, we can choose new interpretations that empower us. We become responsible and the designer of our own new reality. 'We can separate from our partner and cut the karmic cords by taking back the aspects of ourselves that we've projected onto our mate.

Affirm: I have the power of choice - to distinguish what my self-defeating behaviors have been and learn new ways of being in accordance with the Laws of Maat.

6. THE LAW OF FORGIVENESS (Can only be accomplished through Meditation)

Through forgiveness we cut the karmic cord and are able to ask Ntr to forgive us. Asking for forgiveness allows us to let go of our judgments and beliefs about what is right and what is wrong and find compassion for our entire self.

Affirm: As I unfold in the perfection of the Universe I have compassion for myself and others. I release all judgments and forgive you as I also forgive myself.

7. THE' LAW OF CREATION (Removing guilt, limitation and judgement from your heart)

Experiencing the freedom of forgiveness opens the gates to new realities. Forgiveness breaks all the cords that keep us tied to the past. It allows us to experience an innocent heart filled with love and excitement for life.

Affirm: I affirm the Law of Creation working through me now. I go forth creating a new future, grounded in Maat. Having given my Ashe in accordance with my heart/mind decision, I release you to the love, joy, prosperity and peace of the Living Spirit Of Truth.

Ar	nd So It Is!
Signed & Affirmed This Day of	, 20 Los Angeles, California
Member A	ffirming Signature
KRST Unity Minister	KRST Unity Minister

THE CREATION OF RA AS PTAH -SHABAKA TEXT The Law Of Mind Action

The power of the mind and tongue are in the limbs. The seeing of the eyes, the hearing of the ears, the sniffing of the nose, are elevated to the mind which causes all perceptions to come forth. The tongue repeats the thoughts of the mind; so all of the creative forces are born, ATUM and his primeval powers. All Divine Speech happened in the thoughts of the mind and the commands of the tongue... so all works and arts were made, the makings of the two hands, the walking of the two feet, the movements of all limbs; in accordance with his command. The speech of the thinking mind comes forth from the tongue and makes the specialization of everything. So Ptah was satisfied after making all things, that is all divine speech" All speech is divine. Honorable ancestor Baba Dr, Jacob Caruthers Transliteration.

It is Ptah, a form of Ra (Ra the sun, the highest form of Neteru in manifestation) the most great, who has given existence to all the divine powers and to their essences through His heart, mind and tongue. Thus it came to pass that the heart, mind and tongue ruled all the other members through teaching that Ptah is within every body, as heart and mind, and within every mouth as tongue. Of all the divine powers, of all humankind, of cattle, of all creeping things, and of all living things. And he thinks as heart and mind and commands as tongue whatever he wishes.

Ptah's company of divine powers are before him as teeth and lips and are the teeth and lips which establishes the names of all things and from which came forth Shu, the powers of light and air and Tefnut, the power of moisture, and brought into being the company of the divine powers themselves. The seeing of the eyes, the hearing of the ears and the breathing of the nose are communicated to the heart and mind, and the heart and mind cause all perceptions to come forth. And what the heart and mind think and wish is declared by the tongue so were all divine powers completed.

Indeed every word of Neteru came into being through that which the heart and mind thought and the tongue commanded. Thus by means of The Word, all faculties and qualities were fashioned and created which furnish all food and yield all nourishment. And thus, justice is given to one who does what is loved and punishment is given to one who does what is hated. Thus also, is life given to the peaceful and death given to one who violates the Law. Thus were made every work and all crafts, the actions of the arms and hands, the motion of the legs, the movement of every member of the body, according to the command which is conceived by the heart and mind and brought forth by the tongue, and which creates the usefulness and action of everything. It is said of Ptah then, He is he who made all and created the divine powers. He is Ta-tenen (the risen land) from whom everything came forth --- food and provisions, divine offerings and every good thing. Thus it was recognized and understood that He is the mightiest of all divine powers. And after he had created all things and divine utterances, Ptah was pleased and rested.

Rev. Richard Meri Ka Ra Byrd
KRST Unity Center Of AfRaKan Spiritual Science
7825 So. Western Ave. Los Angeles, CA 90047 323 759 7567

Shabaka Text (except)

Ptah on the great throne

Ptah-Nunt the father who (made) Atum. Ptah-Nunet, the mother who bore Aturn.

Ptah-the-Great is heart and tongue of the Nine (Neteru).

Ptah who bore the Neteru. Ptah who bore the Neteru

Ptah-Nefertem at the nose of Re every day.

There took shape in the heart, there took shape on the tongue the form of Atum. For the very great one is Ptah, who gave (life) to all the Neteru and their kas through this heart and through this tongue, in which Horus had taken shape as Ptah, in which Djehewty had taken shape as Ptah.

Thus heart and tongue rule over all the limbs in accordance with the teaching that Ptah is in every body and Ptah is in every mouth of all Neteru, all men, all cattle, all creeping things, whatever lives, thinking whatever he wishes and commanding whatever he wishes.

His (Ptah's) Ennead is before him as teeth and lips. They are the semen and the hands of Atum. For the Ennead of Atum came into being through his semen and his fingers. But the Ennead is the teeth and lips in this mouth which pronounced the name of every thing, from which Shu and Tefnut came forth, and which gave birth to the Ennead.

Sight, hearing, breathing-they report to the heart, and it makes every understanding come forth.

As to the tongue, it repeats what the heart has devised. Thus all the Neteru were born and his Ennead was completed. For every word of the Neteru came about through what the heart devised and the tongue commanded

Thus all the faculties were made and all the qualities determined, they that make all foods and all provisions, through this word. (Thus justice is done) to him who does what is loved (and punishment) to him who does what is hated. Thus life is given to the peaceful, death is given to the criminal. Thus all labor, all crafts are made, the action of the hands, the motion of the legs, the movements of all the limbs, according to this command which is devised by the heart and comes forth on the tongue and creates the performance of every thing.

Thus it is said of Ptah: He who made all and created the Neteru. And he is Ta-tenen, who gave birth to the Neteru, and from whom every thing came forth, foods, provisions, divine offerings, all good things. Thus it is recognized and understood that he is the mightiest of the Neteru. Thus Ptah was satisfied after he had made all things and all divine words.

He gave birth to the Neteru, He made the towns, He established the names, He placed the Neteru in their shrines, He settled their offerings, He established their shrines, He made their bodies according to their wishes. Thus the Neteru entered into their bodies of every wood, every stone, every clay, every thing that grows upon him, In which they came to be. Thus were gathered to hirn all the Neteru and their kas, Content. united with the Lord of the Two Lands.

Rev. Richard Meri Ka Ra Byrd
KRST Unity Center Of AfRaKan Spiritual Science
7825 So. Western Ave. Los Angeles, CA 90047 323 759 7567

A LIBATION WHY A LIBATION

More than a libation, I want to examine why a libation. Webster defines a libation as " to pour as an offering, the act of pouring a liquid as a sacrifice (as to a deity), an act or instance of drinking, a containing alcohol."

Well, so much for Webster. With even the little information that we have of the practices of our ancestors, we know there is more to it than that.

I have found no written information on the beginning of libation as our ancients practiced it or even on the why of libation but there are clues.

Our ancients showed nothing less than genius in their abilities to demonstrate their inseparability from all things- from the All—from the One. They ritualized what were the naturally occurring events in their lives. Great attention was given to the elements: earth, fire, wind and water.

They knew water as the giver of life. The planet is mostly water. The ceils of the human body ale mostly water. The human body itself is mostly water. Recreations of ourselves come from the water. Only when the water breaks, when it overflows its barrier, its banks, do we give birth to new life.

Only when the Nile overflowed its banks was there fertile land that produces food to feed a nation and sustain life. One scholar relates that in ancient times, heavenly bodies filled the sky. Many contained frozen 'When water. they came into this atmosphere, they released cosmically charged water that produced very fertile land that sustained life.

How much more did they need to know than that the meeting of water and earth produced life and sustained life? How much more of a nudge did they need to ritualize this event?'

In the Husia, in the papyrus of Ani, it states, "Pour libation for your mother and father who rest in the valley of the dead. Neteru will witness your action and accept it. Do not forget to do this even when you are not at home. For as you do for your parents, so your children will do for you."

Dr. Leonard .Jeffries informs us that, "nothing important happens in Africa unless -we acknowledge that which went before us and allowed us to leach this part of our lives. There is no birth acknowledgement, no passing into the spiritual life, no crowning of a King, Queen, Queen Mother of Priestess with out the libation."

Libations are as varied as the people who pour them. Some give praise to ancestors who a.re parents or grandparents. Some praise a special ancestor who made a difference in their life. Some praise and thank ancestors who were public figures who influenced their life. Others praise luminaries of our' early history, or the personifications of aspects of the ONE that initiated and sustains life. 'Whatever form it takes, Let it give praise to the people or forces that allowed You to BE.

Personally, I praise and thank our first ancestor, the Creator by any and, all names.

ASE

I praise and thank the ancestors who were the first people on the Planet.

ΔSE

I praise and thank the ancestors who were the definers and originators of civilization.

ASE

I praise and thank the ancestors who were the architects of high culture.

ASE

I praise and thank the ancestors who left Africa in the first exodus.

ASE

I praise and thank the ancestors who improved themselves over time, who learned to thrive in their environment, who became better hue-man beings, over time and time again moved out of Africa to settle and resettle the planet.

ASE

I praise and thank the ancestors who, after millennia, were besiege by retro-civilizations, were captured and shipped out of Africa in a forced exodus and enslaved around the world.

ASE

I praise and thank the ancestors who were left at home and were colonized.

ASE

I praise and thank the ancestors who survived enslavement, who began to recover our history and pass it on.

ASE

I praise and thank the current generation who are learning to incorporate the wisdom of the past into their present.

ASE

I praise and thank the children and the generations unborn who must never lose the wisdom of the past again but must keep it alive for all eternity

ASE

ASE has been defined by our esteemed scholar, Dr. Wade Nobles as the strength, the courage, the vitality, the energy, the conviction, the commitment, the work to make the words flesh... To speak them into being! It has been defined by the monks of Tibet as primordial confidence and divine fearlessness.

We have known throughout the ages that the future is vested in our youth. So, YOU are the ASE. The job of giving life to the words we speak is ours.

In short, the libation follows the admonition of our' Queen Sister Fannie Lon Hamer. "Never forget where we come from and always praise the bridge that brought us over." ASE

Thelma Cameron (Maa Kheru)

PURPOSE

WHAT IS THE KRST UNITY CENTER OF AFRAKAN SPIRITUAL SCIENCE PURPOSE

- 1. To provide spiritual transformation and liberation through implementing strategies of economic self sufficiency, health and healing, cultural arts, and African initiation and social systems.
- 2. To provide a safe environment where like-minded people, who heard the call and see the vision, gather to work collectively toward reestablishing order, balance, and harmony in their environment, based on Kemetic principle of Maat.
- 3. To develop a culturally rich educational complex.
- 4. To develop physically fit, mentally astute, emotionally stable, spiritually evolved people.
- 5. To build consciousness of individuals and the collective community, through the focus on spiritual health and cultural education models based on African principles.
- 6. To work toward freedom, peace, equality, justice and- love in order to bring harmony balance to the world.
- 7. To build a better future for our children and, improve conditions today by becoming the Community's Foundation.
- 8. To encourage responsible leadership through community outreach and- activism.
- 9. To clearly communicate progressive thinking and resourceful solutions toward meeting the goals of KRST Unity Center of Afrakan Spiritual Science.
- 10. To facilitate the spiritual, cultural enlightenment of society, employing and living the principle of MAAT.
- 11. To be an African people modeling a, healthy" prosperous, happy and sustainable community for the Aquarian Age. (What are the characteristics of the Aquarian Age)
- 12. To be a light center of higher consciousness, creativity and love that transforms individuals and communities through a global network of KA (KRST/AQUARIAN) spiritual complexes.
- 13. To allow all members to explore their own potential in a positive and supportive environment that provides them the tools to achieve it.
- 14. To create a space where MAAT is the foundation.
- 15. To be a magnificent edifice to practice African Arts.
- 16. To be a center to allow the authentic expression of spiritual., historical, and cultural truth to turn the world- right side up.
- 17. To present and, uphold the spiritual principles of our ancestors.
- 18. To provide a space for Afrakan people to practice our traditional culture and value system.
- 19. To do our part in restoring balance in the lives of our people.
- 20. To create a sustainable community that provides the necessary infrastructure to liberate the minds and souls of Afrakan people around the world.

If you find yourself vibrating at a low frequency, which may manifest as self-doubt or judgement, remember that through mantra, our words, our breath, and even movement we can raise our vibration. The cosmos shall clear the path in response to our raised vibration. Bhajan

Tithing - A Spiritual Law of Prosperity

(Based on Rev. Edwene Gaines book "The Four Spiritual Laws of Prosperity)

As human beings living on this planet, our lives are subjected to a multitude of laws determining the safety and survival of our rather fragile physical bodies on this planet. They are not optional if we desire to continue our lives here. Like physical laws there are also spiritual laws. And as truth seekers in Unity we are attempting to recognize and implement these laws in our thoughts and actions in order to live happily and well and to make a positive difference in our world through our consciousness and through the actions we take.

The truth is Prosperity is the consciousness of the Neteru presence everywhere. And the Universe wants you to be prosperous! There are spiritual laws that govern our prosperity and that they are NOT optional.

The Four Spiritual Laws of Prosperity are:

- 1. You must tithe 10 percent of all that you receive to the person, place, or institution where you have received your spiritual food. Putting Neteru first in your finances is a dynamic act of courage. When you do so, your faith and your ability to stretch yourself, to move forward, and to expand your vision of yourself and your life increases a hundred-fold. Q: Did this thought cause an immediate contraction in your energy? Are we simply speaking about reciprocity?
- 2. You must set clear-cut, tangible goals. Goal-setting is looking honestly at where you are, choosing where you want to be, and then setting a clear and deliberate intention to go there. Doing so forces you to live consciously, in the moment, rather than unconsciously.
- 3. You must forgive everyone all the time, especially yourself. Forgiveness is a discipline and a powerful spiritual practice that will enable you to feel worthy enough to live prosperously. It requires a diligence and a commitment to compassion and understanding. Q: What does this really mean?
- 4. You must seek, discover and follow your divine purpose. You must assign significance and meaning to your life, giving yourself strength and endurance and bringing joy to your existence on a daily basis. When you are aligned with your divine purpose, you bring a passion to all that you do.

The four spiritual laws are just as much a force in your life as is the law of gravity. They are very simple laws, but none of them are optional, and it does not matter if you believe in them or not. They play a powerful role in your life regardless.

By more clearly understanding these spiritual laws of prosperity, by setting your intention to prosper beyond what you have ever experienced before, and by following through with right thought and right actions, you will make the truth active in your life. By consciously living with greater prosperity we raise the consciousness of plenty in our world and ultimately we're able to bless others, as well as ourselves, to a greater degree.

Many common questions arise for individuals in conjunction with tithing:

- What is a tithe? The word tithe means a tenth. To tithe is to return 10 percent of all we have already received to a person, place, or institution from which we have received spiritual food.
- What is spiritual food? Spiritual food is that which inspires us, teaches us, reminds us of the Truth, and causes us to remember who we really are. It gives you a boost, a feeling of hope and inspiration. It brings you joy, and you know you're living your divine purpose when you experience joy.
- Giving to charity is NOT a tithe. It's a kind and generous thing to do, but it isn't a tithe. What is important is that you tithe first. Then, after you've given your 10% you can consider charitable giving. Instead of tithing to NEED, you must tithe to ABUNDANCE and ACKNOWLEDGE THAT NETERU IS YOUR SOURCE moving through many different channels. To be prosperous you must tithe. But over and above the tithe, you can give to anyone you want to for any reason. Just know that charitable giving is different from and is NOT a tithe. Tithe first.
- What is the purpose of the tithe? The real purpose of the tithe is to acknowledge that Neteru is the source of our good and that we are aware and grateful for the good in our lives. The tithing promise is that if we tithe, we prove Neteru in our lives, and the windows of heaven can open for us.
- Neteru does not need your money. You need to give because tithing is a beginning discipline in
 giving and receiving. When we tithe on that which we have already received, we give back to the
 universe, and when the universe gives back to us and more, we learn that we cannot outgive Neteru.
- Tithing is putting into action the principle of circulation. Both giving and receiving are essential to
 this principle. You must receive in order to have something to give. You must give in order to receive.
 To prosper, you must do both.
- What if my partner/ spouse/family/doesn't believe in tithing? It is appropriate to share with your partner your commitment to acknowledge Neteru as the source of your good, and then ask your partner what portion of the income is yours to tithe on.
- When do I tithe? The sooner we tithe on income received, the sooner we make room for more to flow in. There is one of two things going on in this universe at all times: There is circulation or there is congestion. If we hold on to our tithe, what we're saying to the universe is, "Don't send me anymore. I haven't tithed on this yet."
- What if those I tithe to don't need it? That's not our concern. Our tithes must go to those who have
 fed us spiritual food. We acknowledge Neteru as our source by giving 10 percent to those who feed us
 spiritual food.
- What do I tithe on? We tithe on all money that we receive. Salary, bonuses, interest earned, monetary gifts, dividends, proceeds from the sale of a house, money we win, inherit, or find on the street. Everything! All financial income! No matter through what channel it came, its origin is universe /NTR.

- We can tithe on gross or net It depends on how much we desire to prosper. Greater faith is required to tithe on gross but to begin by tithing on net may be as much faith as you have at the starting point. If tithing is new to you, begin where you are now. This is a new beginning. Don't be concerned with what you have earned or been gifted with before today.
- Do I have any say in how my tithe may be used? No. You must tithe without any attachment! How the church, person or institution cares to use the tithe is up to them alone. In addition, you do not make moral judgments on that person or institution. You give your tithe and how it is used is none of your business.
- How can I tithe when I can't even pay my bills? Tithe first and trust the Universe will assist you in
 paying the bills. Be responsible about money and refuse to create debts that you feel guilty about. Ask
 for wisdom. Then tithe.
- How do I overcome my fear of tithing? We move through our fears by doing. Just tithe, in spite of your fears, and hold to the promise that you are proving that the Universe is the source of your good.
- Can I be excused from tithing because I'm retired, or on welfare, or unemployed, or in school, or on a fixed income etc? No one is excused from obeying spiritual law. Lack of faith will cause you to justify not tithing, but that thinking will keep you from your unlimited abundance. Affirm instead that your good is unlimited. In Universal law there is no such thing as a "fixed income".
- ◆ Isn't it sinful to be so concerned with money? Money is a spiritual symbol of invisible spiritual substance. Money is not evil. It's just that when we begin to love money more than our integrity that we begin to have problems. Neteru has put you're here on earth so that you may have it all IF you are willing to have it all.

Faith expands when you give and Faith is a choice. Choose to believe that the law of tithing is true. Choose to believe that Neteru is your source and your Faith will expand.

Tithing is the first spiritual law of prosperity. It is participating in the circulation of Neteru's great good. It is acknowledging Neteru as our Source and Sustainer and allowing Neteru's good to flow through many channels. As we receive we give back a portion to the place, institution or person from whom we are receiving spiritual food – inspiration, spiritual understanding, and Truth teachings. As we give back to Neteru in this way, we will realize the Truth that we have ever more to share.

Money is a convenient exchange of energy and necessary to the world we live in but it is not our Source or security. We give thanks that the Universe / NTR is the source of all our good and our true security and we honor our Source through our tithes and right actions.

	Please think carefully, and answer the following questions with your heart-mind.
1. Wł	ny do you want to be a member of KRST unity?
2. Wha	at do you expect for KRST Unity to provide for you?
3. Hov	v do you believe the KRST Unity Community will benefit you?
4. Hov	v do you believe you can benefit KRST Unity and its community?
5 Thus	s far in your spiritual journey, where on the path are you?
6. Wha	at or who do you think Neteru is? And how does he/she/it affect your life?

SUBMIT THIS FORM TO MINISTERS BY THE END OF DAY 1

THE FUNDAMENTAL RIGHTS OF THE AFRICAN PEOPLE

The following is a representative number of human rights, also drawn from customary laws or tradition constitutions: Every member of the community had -

- (1) The right to equal protection of the law.
- (2) The right to a home.
- (3) The right to land sufficient for earning livelihood for oneself and family.
- (4) The right to aid in times of trouble.
- (5) The right to petition for redress of grievances.
- (6) The right to criticize and condemn any acts by the authorities or proposed new laws . (Opposition groups, in some areas called "The Youngmen," were recognized by law .)
- (7) The right to reject the community's final decision on any matter and to withdraw from the community Unharmed—the right of rebellion and withdrawal.
- (8) The right to a fair trail. There must be no punishment greater than the offense, or fines beyond ability to pay.

 This latter is determined by income and status of the individual and his family.
- (9) The right to indemnity for injuries or loss caused by others.
- (10) The right to family or community care in cases of sickness or accidents .
- (11) The right to special aid from the Chief in circumstances beyond a family's ability.
- (12) The right to a general education covering morals and good manners, family rights and responsibilities, kinship groups and social organization, neighborhoods and boundaries, farming and marketing, rapid mental calculation, and family, clan, tribal and state histories.
- (13) The right to apprentice training for a useful vocation.
- (14) The right to an inheritance as defined by custom .
- (15) The right to develop one's ability and exercise any developed skills.
- (16) The right to protect one's family and kinsmen, even by violent means if such becomes necessary and can be justified.
- (17) The right to the protection of moral law in respect to wife and children -a right which not even the king can violate .
- (18) The right of a man, even a slave, to rise to occupy the highest positions in the state if he has the requisite ability and character.
- (19) The right to protection and treatment as a guest in enemy territory once one is within the gates of the enemy's village, town or city.
- (20) And the right to an equal share in all benefits from common community undertakings if one has contributed to the fullest extent of his ability, no matter who or how many were able to contribute more.

These constitutional principles and practices were held on to and carried by the migrating Blacks to every part of the African continent . This fact is one of the most remarkable parts of the black man's story most remarkable because even those societies that sank to barbarism held on to the fundamentals age after age as though they were clutching the last threads of life itself. Even in Khmt, where the Asian and European impact was greatest, African constitutionalism could not be completely blotted out .

Creative Visualization is the art of using mental imagery and affirmation to produce positive change. Trust intuition and act on your inner truth as a means of both releasing and developing creativity in every area of life. Using this process write 5 Affirmations. Here is an example: The radiance of divine love enfolds me and illuminates me—it permeates my entire being, and radiates out from me attracting good.

QUESTIONS, COMMENTS, CLARIFICATIONS

 Were all of the spiritual concepts discussed today clear and easily understood? (If no, please explain) 				
2. Did you understand the mission and purpose of KRST Unity Center? (If no, please explain)				
	3. Do you			
have any comments relevant to the information you were given in the first session? (If no, please explain)	_0. D0 you			
4. Do you have any questions relevant to the information you were given in the first session? (If no, please explain)				

42 DECLARATIONS OF INNOCENCE

The foundation of everything we do should be rooted in the 42. At the end of the day it's about RESPECT! Respect for Our Spiritual Center. Respect for our Founder and Senior Minister Rev Meri Ka Ra. Respect for ourselves. Respect for our Sisters and Brothers. And Respect for our relationships with our Sisters and brothers.

- 1. I have not done iniquity
- 2. I have not done violence
- 3. I have not stolen.
- 4. I have done no murder or harm.
- 5. I have not stolen food.
- 6. I have not swindled offerings.
- 7. I have not acted deceitfully.
- 8. I have not told lies.
- 9. I have not wasted food.
- 10. I have not caused anyone or anything pain.
- 11. I have not closed my ears to the truth.
- 12. I have not committed adultery.
- 13. I have not caused anyone to shed tears.
- 14. I have not committed fornication.
- 15. I have not cursed.
- 16. I have not laid waste to the ploughed land.
- 17. I have not stolen anyone's land.
- 18. I have not been an eavesdropper.
- 19. I have not falsely accused anyone.
- 20. I have not committed a sin against my own purity.
- 21. I have not seduced anyone's wife.
- 22. I have not polluted myself.
- 23. I have not terrorized anyone.
- 24. I have not polluted the earth.
- 25. I have not burned with rage.
- 26. I have not cursed Neteru.
- 27. I have not worked grief.
- 28. I have not caused disruption of peace.
- 29. I have not acted hastily or without thought.
- 30. I have not overstepped my boundaries of concern.
- 31. I have not exaggerated my words when speaking.
- 32. I have not worked evil.
- 33. I have not used evil thoughts or deeds.
- 34. I have not polluted the water.
- 35. I have not spoken angrily or arrogantly.
- 36. I have not cursed anyone in thought, word or deed.
- 37. I have not placed myself on a pedestal.
- 38. I have not spoken scornfully.
- 39. I have not stolen from or disrespected the deceased.
- 40. I have not taken food from a child.
- 41. I have not acted with insolence.
- 42. I have not slaughtered animals.



STUDY NOTES

KRST UNITY CENTER OF AFRAKAN SPIRITUAL SCIENCE

Member Questionnaire

Are You A First Time Visitor - Date of Visit:			
Are You Joining KRST Unit	y Center: Date Joined:		
Full Name			
Preferred Name	11		
Address	ITU Cen		
City:	State: Zip:		
Home Telephone	Mobile		
E-mail Address			
Which number is best to contact you?	Home / Mobile		
Gender: Male / Female Marital Status: Si	ingle / Married / Divorced / Widow		
Spouses Name	Is your spouse joining too? Y / N		
Child	ren Living at Home		
Name	AgeBirthday/		
Name	Birthday / / Month Date Year		
Name	AgeBirthday// Month Date Year		
Name	AgeBirthday// Month Date Year		

KRST UNITY CENTER OF AFRAKAN SPIRITUAL SCIENCE

7825 S. Western Avenue, Los Angeles, CA 90047 323-759-7567 www.krstunitycenter.org

What do you like about KR	ST?	
What activities would you k	KRST?	
	1 Initu C	
What gifts or talents do you	feel you can bring to KRST?	enter
		0
How can KRST improve yo	our experience?	
I'm committed to serving	my KRST Unity community, and des	sire to join one of the committees be-
Please circle the comm	nittees you are interested in learning	more about (Circle all that apply)
Membership	Building & Beautification	Technology
Fundraising	Health & Wellness	Food Service
Youth Activities	Finance DIVITUE	Public Affairs and Marketing
If you have skills in an are	ea that is not listed here, please desc	eribe them below:
		