

### PRAYER LIST (Send prayer requests call 323-759-7567)

Sending PRAYERS OF strength and love to the family of Annie Pierce who recently made her transition we send prayers. To the family of Kwaku Tekhnu whose mother Lois Anderson made her transition, we send love and light. Linette Abdullah and family, Snt Iuseset Leary, Raymond Johns, Karen Hart, Hannibal Ahmed, Snt Tasanet Jackson, Snt Amenka, Sn Heru Kuti, Reggie Shaw, Marvin Deal, Cecil Green, Nastasha Wilson, Jawanza Dumasini, Lillian Perry, Momma Mason Byrd, Margaret Zamaroni, Roxanne Hart, Asantewaa Lewis, Carol Spears, Daniel Shelby, Asante-Ra Smith, Jahlamb Sinclair, the Board Members, and membership of KRST Unity Center. Are you feeling isolated, and alone, misunderstood, overwhelmed and overlooked? Know that the grace of the Ntru embraces you in Mer and the earth was created to nourish you with the understanding of your true nature. You cannot fail. Listen to the voice within and know everything you need has already been given to you. You are powerful and unlimited. You are created for good.

For prayer, spiritual enrichment, and counseling the ministers are here for you. Call 323-759-7567.

### ANNOUNCEMENTS FOR SUNDAY, July 26, 2026

Today, immediately following the Empowerment Service, the KRST Unity ministers will host a "KRST Community Conversation" in person and on zoom, for our members to discuss any issues, concerns or questions with the ministers or the board members. This is a good time for members to share ideas or questions about how we as a community can move forward into the next level of excellence. We are doing this together. Let everyone's voice be heard!

KRST Unity welcomes the annual Pan African Women's Day gathering on Saturday, August 8th at 3:00 p.m. This year's Keynote speaker, Inemesit Richardson, is an organizer with the All-African People's Revolutionary Party (A-APRP) and All-African Women's Revolutionary Union (A-AWRU) as well as a co-founder of the Thomas Sankara Center for African Liberation and Unity in Ouagadougou, Burkina Faso.

Wednesday, August 12, 2026 at 6:30 PM on the Zoom Platform  
KRST member Savvy Ra Seshat will present on chakras and how they may be utilized for healing, balance, and self-awareness. She will also share how the zodiac and astrological chart can support personal healing and offer deeper insight into one's life journey. This presentation will offer practical ways to apply ancient knowledge for greater self-awareness, understanding, and spiritual growth. Zoom link available at: [krstunitycenter.org](https://krstunitycenter.org) All are welcome to join in and participate.

KRST Unity hosts The Movie, The Message & The Movement every 3rd Saturday at 1:00 p.m. & 5:00 p.m. Featured are films and documentaries that inform, inspire, and empower in a fun, community-centered atmosphere. Hosted by Br. Shaka Satori. For details, call 323-696-2671.

Bro. Shakir el Kaleem and KRST Unity invites the community to join us every Saturday for Wellness & Martial arts classes from 12:00 p.m. to 4:00 p.m. at the Center.

The Rev. Meri Ka Ra food distribution serves the community every second and fourth Thursday of the month, from 10:00a.m. to 12:00p.m. Volunteers are needed for help, setup, takedown, distribution.

The KA Women's meetings take place today after service, and every 2nd Sunday at 1:00 p.m., immediately following the Empowerment Service. All Sisters invited.

You are invited to the KRST Unity Friday Night Book Study from 7:00 - 8:30 p.m. every week on the Zoom platform. "A Life Centered Life – Living Maat" by Seba Rkhty Amen is the current study book. Check the KRST Unity website for the class Zoom link. \$10 love offering requested.

Join Black Lives Matter at their monthly organizing meeting every 2nd Sunday of the month at 7:00 p.m. at the Center for Black Power. Get informed and involved. Hot dinner, a bag of produce and vital information. 3423 W. 43rd Place - AfricaTown.

Through the act of reciprocity, you affirm your commitment to sustaining the generous, charitable, and transformative work of KRST Unity Center. Giving and continuously supporting this spiritual community ensures that your contributions will return to you multiplied. We accept cash, credit and debit cards. Checks made payable to: CUC/KRST Unity. Use the QR code to donate through PayPal and Cash App. For additional ways to donate and support, go to the website at

<https://www.krstunitycenter.org/ways-to-donate>



## Celebrating Over 85 Years of Service to the Community

1937-2025

Meditation / Empowerment Service ~ 10:30 a.m.

Sunday, July 26, 2025 / 6268

# "Let Go & Let God"



## Empowerment Message Delivered By

Rev. Amadi George Hines

**KRST Unity Center Ministerial Council**

Rev. Erica Ni Maat Ra Byrd

Rev. Amadi George Hines

Rev. Richard Meri Ka Ra Byrd—Maa Kheru



**KRST Unity Center of Afrakan Spiritual Science**

7825 South Western Avenue, LA, CA 90047

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Office 323-759-7567

**Service Opens with Reflection and Meditation  
Welcome The Ancestors / Libation**

**“Ancestor Spirit Come By Here”**

Ancestor Spirits, won't you come by here;  
We need your presence near.

One mind one power making all things clear;  
Ancestor Spirits, won't you come by here?  
Somebody's praying Spirit, come by here.  
Somebody's singing Spirit, come by here.

**Welcome Visitors / Introduction of Ministers & Staff /  
Explanation of Terms / Who We Are / What We Believe**

**STATEMENT OF BEING**

SPIRIT IS ALL; Both Invisible and Visible;

One Presence; One Mind; One Power is ALL.

This That Is ALL Is Perfect Life, Perfect Love, And Perfect Substance.

I Am an Individualized Expression of The ALL.

I Am Ever One With Its Perfect Life, Perfect Love, And Perfect Substance.

**MISSION & PURPOSE**

The mission and purpose of KRST Unity Center is to provide a loving and supportive atmosphere for personal and spiritual growth for all people to learn how to apply the KRST principles to master their lives.

**THE KRST PRINCIPLE**

The Kemetic (Ancient Egyptian) Principle of the Christ -The Transformative power of The All that is within each and every person and thing.

**THE PRINCIPLES OF MAAT**

Truth, Justice, Righteousness, Propriety, Harmony,  
Order, Balance, and Reciprocity

**THE VIRTUES**

I Control My Thoughts

I Control My Actions

I Have Devotion And Steadfastness Of Purpose

I Identify With A Spiritual Life Or Higher Ideals

I Show Evidence Of Having A Mission In Life

I Cultivate A Call To Spiritual Orders Or The Priesthood

I Am Free From Resentment Under The Experience Of Wrong-Doing

I Have Confidence In The Power Of The Master To Teach The Truth

I Have Confidence In My Ability To Learn And Wield The Truth

I Am Ready And Prepared For All Initiation Processes

**WEEKLY AFFIRMATION Sunday, July 26, 2026**

Balancing personal responsibility with belief, understanding, and trusting in a universal plan, I release my desire to control outcomes and surrendering them to my Divine higher power.

**KRST Unity Center of Afrakan Spiritual Science  
7825 S. Western Ave, LA, CA 90047 323-759-7567**

**Daily Word**

**To be happy and free, release yourself from the need to be understood. You are a mystery and a wonderment of God (Nature) that is constantly unfolding.**

**Ishamael Tetteh-The Way Forward**

**Igbo**

Ka i nwee obi uto ma nwee nnwere onwe, hapu mkpa o di ka ndi ozoghotu gi. I bu ihe omimi na ihe ebube sitere n'aka Chineke nke na-ekpughe onwe ya mgbe niile.

**Swahili**

Ili uwe na furaha na uhuru, jiondoe kwenye hitaji la kueleweka. Wewe ni fumbo na maajabu ya Mungu ambayo yanazidi kufunuka daima.

**Yoruba**

Láti ní ayò àti òmìnira, tú ara rẹ sílẹ kúrò nínú ifẹ-ọkàn láti jẹ kí àwọn ènìyàn lóye rẹ. Ohun ìyanu àti àṣírí Ọlórún nì ọ, èyí tí ń tú síta ní gbogbo ìgbà.

**MDW**

Áu Nfr hnā nfi sfk pai-tn-tchs. Áu Tn iw ǎ sshsta hnā bǎau m Ntr.

**Voices of Unity  
Offering Prayer**

Divine love through me, blesses and multiplies all that I am; all that I have; all that I give, and all that I receive. I give feely, and I receive abundantly.

**Empowerment Message**

"Let Go & Let God"

**Empowerment Message Presented By**

Rev. Amadi George Hines

**Unity Circle**

**Welcome Guests / Call to Join Benediction**

**Weekly Affirmation**

**Ankh, Ujah, Snb — (Life, Health, Strength)**

**Closing**

**Lift Every Voice and Sing**

Lift ev'ry voice and sing, till earth and heaven ring, ring with the harmonies of liberty.

Let our rejoicing rise, high as the list'ning skies, let it resound loud as the rolling sea.

Sing a song full of the faith that the dark past has taught us, Sing a song full of the hope that the present has brought us. Facing the rising sun of our new day begun,

let us march on till victory is won.

God of our weary years, God of our silent tears, Thou who hast brought us thus far on the way;

Thou who hast by Thy might, led us into the light, keep us forever in the path, we pray.

Lest our feet stray from the places, our God, where we met Thee, lest our hearts, drunk with the wine of the world, we forget Thee.

Shadowed beneath Thy hand, may we forever stand, true to our God, true to our native land. Let us march on 'til victory... March on 'til victory...March on 'til victory is won.