



WHO IS DR. ROSIE MILLIGAN

Dr. Rosie Milligan—She is an Author/Publisher, and one of Los Angeles’s Renowned Financial Gurus, a seasoned Senior Estate Planner and Business Consultant. She also holds a Ph.D. in Business Administration.

She is sought after nationwide for her business and financial coaching services.

Dr. Milligan is the Founder of My Tech Academy where she seeks to bridge the technology gap for African Americans.

She hosts of a weekly live Internet talk show, EXPRESS YOURSELF HOUR, and she is founder and director of “Black Writers on Tour.” Visit Drrosie.com for a list of book titles.

PRAYER LIST (Please send an email or leave a VM to be added for prayer). We send love and healing light to the sick and shut-ins of our congregation, to our Loving, & Committed Black Men & Women trapped within the prison industrial complex system. We send love and light to the family of Batima Connerly, who made her transition, Sherry Williams, Ivanna Young, Isis Straughter, Tasanet Jackson, Sheila Ward, Tanisha Robins, The Edwards Family, Raymond Booker, Jr., Bre’han and Kelli Reese, Margaret Gonzales, Everita Roberts, Carol Spears, Asantewaa Lewis, Daniel Shelby, Brenda Taylor, Jason & Asante Re Smith and Jahlamb Sinclair.

ANNOUNCEMENTS FOR SUNDAY - March 31, 2024

- Karaoke night is quickly approaching! Join KRST Unity Saturday, April 20th p.m. from 6 to 11 for tasty food & beverages available for purchase. Vegetarian options available as well. Entry fee is \$5. Tickets can be purchased via the KRST Unity website.
- Rev. Meri Ka Ra Food Distribution Program at KRST Unity Center serves the community every Thursday from 11 a.m. to 1:00 p.m. Thursdays are also a good time stop by the Center to drop off your donations of cash or checks. And check-in with your KRST family.
- To attend the Empowerment Service via Zoom, please cam-up. Other ways to watch include the streaming platform on the KRST Unity website and Facebook
- KRST Unity Center thanks all who donate, volunteer, and participate in activities that take place at the Center. As a loyal supporter, your efforts and work allow us to achieve great successes. We are a member-driven organization, so please make the commitment to support and donate regularly. Your support is the Life-Blood of this Center. We accept all major credit and debit cards, Cash App, PayPal, cash, and checks. Consider signing up for continuous support. It’s a great way to support the Center regularly. Together we can manifest anything when we : **THINK UNLIMITED! THINK UNLIMITED! THINK UNLIMITED!**

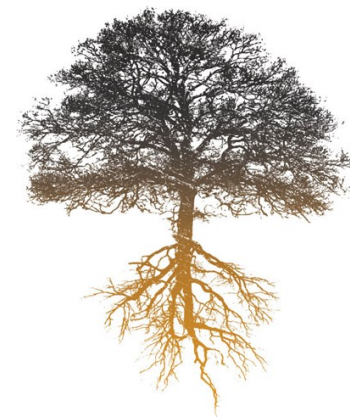
Celebrating Over 85 Years of Service to the Community

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Meditation Begins At 10:20 a.m.

Empowerment Service Begins At 10:30 a.m.

Sunday, March 31, 2024



“A Legacy That Matters”

Empowerment Message Presented By
Dr. Rosie Milligan

KRST Unity Center Ministerial Council
Abut SMST Neferet Sa-t-Beset, Rev. Erica Ni Maat Byrd
Rev. Richard Meri Ka Ra Byrd—Maa Kheru



KRST Unity Center of African Spiritual Science
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**Service Opens with Reflection and Meditation
Welcome The Ancestors / Libation**

“Ancestor Spirit Come By Here”

Ancestor Spirits, won't you come by here;
We need your presence near.

One mind one power making all things clear;
Ancestor Spirits, won't you come by here?
Somebody's praying Spirit, come by here.
Somebody's singing Spirit, come by here.

**Welcome Visitors / Introduction of Ministers & Staff /
Explanation of Terms / Who We Are / What We Believe**

STATEMENT OF BEING

SPIRIT IS ALL; Both Invisible and Visible;
One Presence; One Mind; One Power is ALL.
This That Is ALL Is Perfect Life, Perfect Love, And Perfect Substance.
I Am an Individualized Expression of The ALL.
I Am Ever One With Its Perfect Life, Perfect Love, And Perfect Substance.

MISSION & PURPOSE

The mission and purpose of KRST Unity Center is to provide a loving and supportive atmosphere for personal and spiritual growth for all people to learn how to apply the KRST principles to master their lives.

THE KRST PRINCIPLE

The Kemetic (Ancient Egyptian) Principle of the Christ -The Transformative power of The All that is within each and every person and thing.

THE PRINCIPLES OF MAAT

Truth, Justice, Righteousness, Propriety, Harmony, Order,
Balance, and Reciprocity

THE VIRTUES

I Control My Thoughts
I Control My Actions
I Have Devotion And Steadfastness Of Purpose
I Identify With A Spiritual Life Or Higher Ideals
I Show Evidence Of Having A Mission In Life
I Cultivate A Call To Spiritual Orders Or The Priesthood
I Am Free From Resentment Under The Experience Of Wrong-Doing
I Have Confidence In The Power Of The Master To Teach The Truth
I Have Confidence In My Ability To Learn And Wield The Truth
I Am Ready And Prepared For All Initiation Processes

WEEKLY AFFIRMATION

Sunday, March 31, 2024

If you are going to live, leave a legacy.
Make a mark on the world that cannot be erased.

Maya Angelou

**KRST Unity Center of Afrakan Spiritual Science
7825 S. Western Ave, LA, CA 90047 323-759-7567**

Daily Word

There grows no wheat where there is no grain.

Igbo

Ọ dighị ọka wit na-akụ ebe ọ na-enweghị ọka.

Swahili

Hakuna ngano hukua mahali ambapo hakuna nafaka.

Spanish

No crece trigo donde no hay grano.

Yoruba

Hakuna ngano hukua mahali ambapo hakuna nafaka.

MDW

Transliteration: rut nn su-t iw tenu mes-t nn

Pronunciation: rud en-en sue-t eh-oo denu mess-te en-en

Congregational Song / Announcements/

Offering Prayer

Divine love through me, blesses and multiplies
all that I am; all that I have; all that I give and all that I receive.
I give feely, and I receive abundantly.

Empowerment Message

"A Legacy That Matters"

Message Delivered By

Dr. Rosie Milligan

Unity Circle / Welcome Guests / Call to Join / Benediction

Ankh, Ujah, Snb — (Life, Health, Strength)

Closing / Weekly Affirmation

Lift Every Voice and Sing

Lift ev'ry voice and sing 'Til earth and heaven ring
Ring with the harmonies of Liberty
Let our rejoicing rise High as the list'ning skies
Let it resound loud as the rolling sea
Sing a song full of the faith that the dark past has taught us / Sing a song full of the hope
that the present has brought us / Facing the rising sun of our new day begun /
Let us march on 'til victory is won
God of our weary years God of our silent tears /
Thou who has brought us thus far on the way
Thou who has by Thy might Led us into the light / Keep us forever in the path, we pray
Lest our feet stray from the places, our God, where we met Thee / Lest, our hearts drunk
with the wine of the world, we forget Thee / Shadowed beneath Thy hand May we forever
stand True to our God True to our native land Let us march on 'til victory... March on 'til
victory....March on 'til victory is won