

## KRST Unity Center Is Honored To Present:

### MASON BYRD

Sunday, March 08, 2026

10:30 a.m.

Empowerment Service

### "Sitting At The Feet Of The Elder"

'Life Has Been Good To Me!'

Kansas Citian Celebrates 105th Birthday

KANSAS CITY, MO

#### 2025 Interview

Recently, the Cleaver Family YMCA, had the honor of celebrating a truly remarkable milestone — Ms. Mason Byrd's 106th birthday. Ms. Byrd's life is an inspiration, and it was such a joy to gather with her family, friends, and YMCA community to mark this special occasion. Her spirit reminds us of the power of connection, joy, and living well at every age.

#### 2024 Interview

Friends and family gathered for a unique celebration on Saturday for a Kansas Citian who turned 105 years old. "She's not like your regular 105-year-old grandmother, if there is such," said Mark Byrd, grandson of Mason Byrd.

Mason Byrd's legacy stretches five generations, including up to 200 grandchildren, great-grandchildren, great-great-grandchildren and great-great-great-grandchildren. "Well, they call me the matriarch, and that makes me important," Mason Byrd said. grandchildren, great-grandchildren, great-great-grandchildren and great-great-great-grandchildren.

"Well, they call me the matriarch, and that makes me important," Mason Byrd said.



Celebrating Over 89 Years of Service to the Community

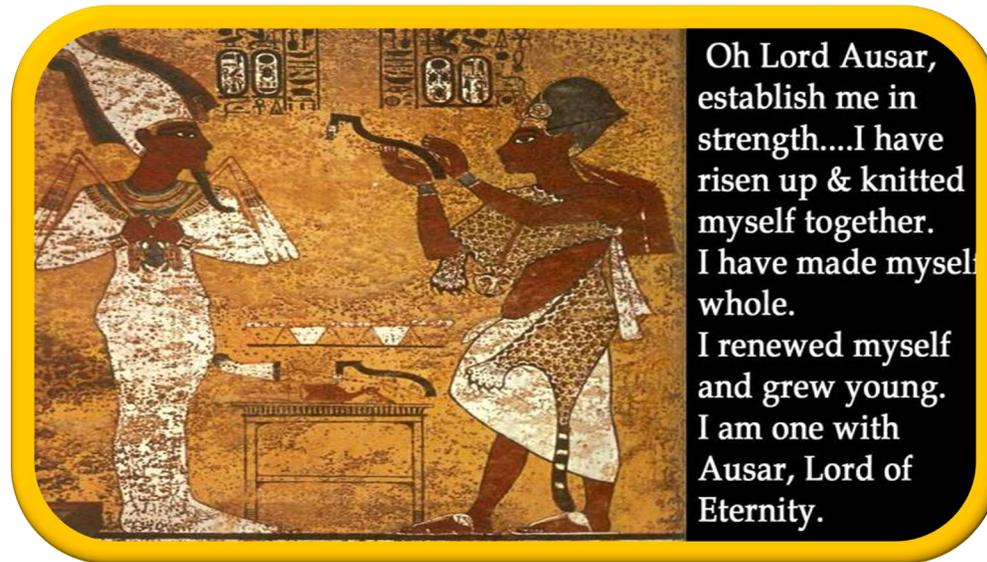
1937-2026

Meditation / Empowerment Service

10:30 A.M.

Sunday, March 01, 2026 / 6268

## "Whm Mes Tu and The Re-Birth of A Nation"



Oh Lord Ausar,  
establish me in  
strength...I have  
risen up & knitted  
myself together.  
I have made myself  
whole.  
I renewed myself  
and grew young.  
I am one with  
Ausar, Lord of  
Eternity.

Empowerment Message Presented By  
Erica Ni Maat Ra Byrd



KRST Unity Center Ministerial Council

Rev. Erica Ni Maat Ra Byrd

Rev. Amadi George Hines

Rev. Richard Meri Ka Ra Byrd—Maa Kheru



KRST Unity Center of Afrakan Spiritual Science

7825 South Western Avenue, LA, CA 90047

www.krstunitycenter.org krstunityoutreach@gmail.com



**Service Opens with Reflection and Meditation  
Welcome The Ancestors / Libation**

**“Ancestor Spirit Come By Here”**

Ancestor Spirits, won't you come by here;  
We need your presence near.

One mind one power making all things clear;  
Ancestor Spirits, won't you come by here?  
Somebody's praying Spirit, come by here.  
Somebody's singing Spirit, come by here.

**Welcome Visitors / Introduction of Ministers & Staff  
Explanation of Terms / Who We Are / What We Believe**

**STATEMENT OF BEING**

SPIRIT IS ALL; Both Invisible and Visible;  
One Presence; One Mind; One Power is ALL.

This That Is ALL Is Perfect Life, Perfect Love, And Perfect Substance.

I Am an Individualized Expression of The ALL.

I Am Ever One With Its Perfect Life, Perfect Love, And Perfect Substance.

**MISSION & PURPOSE**

The mission and purpose of KRST Unity Center is to provide a loving and supportive atmosphere for personal and spiritual growth for all people to learn how to apply the KRST principles to master their lives.

**THE KRST PRINCIPLE**

The Kemetic (Ancient Egyptian) Principle of the Christ -  
The Transformative power of The All that is within  
each and every person and thing.

**THE PRINCIPLES OF MAAT**

Truth, Justice, Righteousness, Propriety, Harmony,  
Order, Balance, and Reciprocity

**THE VIRTUES**

I Control My Thoughts  
I Control My Actions

I Have Devotion And Steadfastness Of Purpose

I Identify With A Spiritual Life Or Higher Ideals

I Show Evidence Of Having A Mission In Life

I Cultivate A Call To Spiritual Orders Or The Priesthood

I Am Free From Resentment Under The Experience Of Wrong-Doing

I Have Confidence In The Power Of The Master To Teach The Truth

I Have Confidence In My Ability To Learn And Wield The Truth

I Am Ready And Prepared For All Initiation Processes

**WEEKLY AFFIRMATION - Sunday, March 01, 2026**

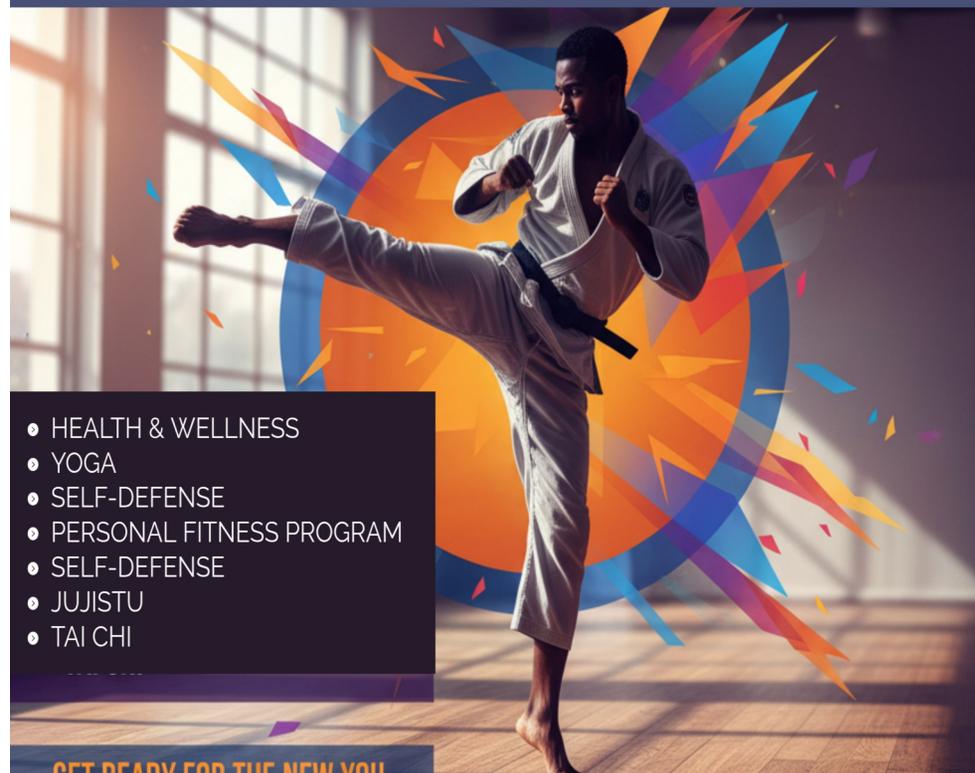
Each day, I view life as a series of new beginnings, allowing for daily reinvention, growth, and the release of old patterns.

**KRST Unity Center of Afrakan Spiritual Science  
7825 S. Western Ave., LA, CA 90047 323-759-7567**

**KRST UNITY CENTER PRESENTS**

**WELLNESS AND MARTIAL ARTS CLASSES**

**EVERY SATURDAY FROM 12:00 NOON 4:00 P.M.**



- HEALTH & WELLNESS
- YOGA
- SELF-DEFENSE
- PERSONAL FITNESS PROGRAM
- SELF-DEFENSE
- JUJITSU
- TAI CHI

**GET READY FOR THE NEW YOU,  
AND FOR THE REVOLUTION**

**INSTRUCTOR. BRO. SHAKIR EL KALEEM**

Bro. Shakir is a Moorish Sheik since 1997. He has been a teacher of African Gnosticism and the planetary arts since 1997. This includes Martial arts and Earth Healing Arts: Tai Chi, Chi Gong, Yoga, and he is currently a Student of Moorish Jujitsu and Capoeira, under Sifu Engola.

Fee: \$10 per class or \$30 per month

No one will be turned away  
for lack of funds.

Ages 2 and up.

Children free with parents

Loose exercise clothing required

For questions call:

323-759-7567 or 323-759-5053

**7825 S. Western Ave., LA, CA 90047**

PRAYER LIST (Send prayer requests call 323-759-7567) We pray for the family of Jabari “Kreative Wood Works” Heedly who recently made his transition, Rev. Amadi and family, The family of Nikki Billingslea whose grandfather Sam Jones made his transition, Linette Abdullah and family, Snt luseset Leary, The Gonzales, Burks, Edwards families. Sending love light and strength for Sis. Tepra Maat, the, Luis South, Raymond Johns, Karen Hart, Hannibal Ahmed, Snt Tasanet Jackson, Snt Amenka, Sn Heru Kuti, Reggie Shaw, Marvin Deal, Bro Ron Hall, Cecil Green, Jawanza Dumasini, Lillian Perry, Momma Mason Byrd, Roxanne Hart, Asantewaa Lewis, Carol Spears, Daniel Shelby, Asante-Ra Smith, Jahlamb Sinclair, the Board Members, and membership of KRST Unity Center. If you are feeling isolated, and alone, misunderstood, overwhelmed and overlooked, know that the grace of the Ntru embrace you in Mer and the earth was created to nourish you with the understanding of your true nature. You cannot fail. Listen to the voice within and know everything you need has already been given to you. You are powerful and unlimited. **You are created for good.**

#### ANNOUNCEMENTS FOR SUNDAY, March 01, 22, 2026

KRST Unity Center is honored to welcome Mama Mason Byrd for our Sunday Empowerment Service on March 08, 2026. Lesson: **"Sitting At The Feet Of The Elder"**. This vibrant woman is the Mother of Rev. Meri Ka.Ra, and at 106 years old is still going strong. We invite our members and the community to join us as she shares her incredible life story, and nuggets of wisdom.

KA Women's R & R -Sisters meeting to Renew, and Restore ourselves, and Reimagine KRST Community in Beauty. Saturday, March 14, (11:00—2:00) We're still working out the logistics, and we share more details as they come. Bring your favorite salad or dish to share. Looking forward to getting together for a lively sharing and meeting. Inspirational message "Loving Your Authentic Self" by Rev. Megashia.

Join KRST Unity the 3rd Saturday of each month at 6 p.m. for The Movie, The Message & The Movement. \$5 suggested donation. Additional donations are always welcome! Dinner, snacks and drinks available for purchase. Come feed your mind, body and spirit with KRST Unity. Hosted by Br.Shaka Satori. Call 323-696-2671.

Wellness & Martial arts classes are offered at KRST Unity by Bro. Shakir el Kaleem. See attached flyer.

The Rev. Meri Ka Ra food distribution program serves the community every second and fourth Thursday from 11:00 a.m. to 1:00 p.m. Volunteers are always needed in all areas—setup, service, cleanup, breakdown.

Visit the KRST Unity Thrift Store. Shop for clothes, shoes, books, and housewares. Hours are noted on the KRST Unity website.

Stay connected for updates on the start of the KRST Unity Friday Night Book Study.

Join Black Lives Matter- Grassroots for our monthly organizing meeting, every 2nd Sunday of the month at 7:00 PM. Join us for critical discussion and updates about the fights and the wins as we organize into the world we want to see for our people. A hot dinner is always served, and take home a bag of produce along WITH your empowerment. 3423 W. 43rd place @Crenshaw, AfricaTown.

Please allow the offering prayer to deepen your understanding and practice of this benevolent act of reciprocity. Use the QR code or links to Cash App or PayPal. We also accept cash, credit or debit card and checks made payable to: CUC/KRST Unity. All donations to KRST Unity can be made All donations to KRST Unity can be made through the KRST Unity Website ([www.krstunitycenter.org](http://www.krstunitycenter.org)).

### Daily Word

" Only a God can penetrate the secure warehouse where the rules are followed, even by privileged persons"  
The Teachings of Ptahhotep

### Igbo

Naanị Chineke nwere ike ịbanye n'ụlọ nkwaọba ihe nchekwa ebe a na-agbaso iwu, ọbunadi ndị nwere ihe ụgwù.

### Swahili

Mungu pekee ndiye anayeweza kupenya ghala salama ambapo sheria hufuatwa, hata na watu wenye upendeleo.

### MDW

Uau á. NTR áb ábkh P hn m ustnu má á snnu sau

### Voices of Unity /Offering Prayer

Divine love through me, blesses and multiplies all that I am; all that I have; all that I give, and all that I receive. I give feely, and I receive abundantly.

### Empowerment Message

"Whm Mes Tu and The Re-Birth of A Nation"

### Presented By

Erica Ni Maat Ra Byrd

### Unity Circle

Welcome Guests / Call to Join Benediction

### Weekly Affirmation

Ankh, Ujah, Snb — (Life, Health, Strength)

### Closing

#### Lift Every Voice and Sing

Lift ev'ry voice and sing, till earth and heaven ring, ring with the harmonies of liberty.  
Let our rejoicing rise, high as the list'ning skies, let it resound loud as the rolling sea.  
Sing a song full of the faith that the dark past has taught us, Sing a song full of the hope that the present has brought us. Facing the rising sun of our new day begun,  
let us march on till victory is won.

God of our weary years, God of our silent tears, Thou who hast brought us thus far on the way;  
Thou who hast by Thy might, led us into the light, keep us forever in the path, we pray.  
Lest our feet stray from the places, our God, where we met Thee, lest our hearts, drunk with the wine of the world, we forget Thee.  
Shadowed beneath Thy hand, may we forever stand, true to our God, true to our native land. Let us march on 'til victory... March on 'til victory...March on 'til victory is won.