

PRAYER LIST (Please send an email or leave a VM to be added for prayer)

We send love and healing light to the sick and shut-ins of our congregation, to our Loving, & Committed Black Men & Women, the men and women trapped within the prison industrial complex system, and we send healing love and light to Assata Allison who unexpectedly lost her beloved husband, Queen Shamala Sykes, who husband's spirit is now at peace, Kahlif Smith, Raymond Booker, Jr., Justice Edwards, Bre'han and Kelli Reese, Frederick Stokes, Berta Curry, Dr. Toni Humber, Molly Bell, Carol Spears, Taset Jackson, Asantewaa Lewis, Everita Roberts, Daniel Shelby, Brenda Taylor, Jason & Asante Re Smith and Jahlamb Sinclair.

KRST UNITY CLASS & ACTIVITY SCHEDULE

- Kemetic Flow and Yin Yoga with Abut Smst every Thursday and Sunday at 6:00 p.m. (Online)
- Friday Night Book Study—7:00 p.m. Current book—When We Ruled by Robin Walker, Facilitated by Enoch Hankerson.
- Learn the understanding and connected spirituality of the Divine Language of MDW through a course for beginning and advanced students every Tues from 6:00 p.m. \$20 per month donation.
- "Sa Heru Semsem KA-T M Abau" (Sah Heru semsem kah -te m ehbah-oo) (Morning Prayer, Meditation and Sacred Movements) takes place at 6:00 a.m. Monday thru Friday.
- Join the ASCAC Western Region Book Study every 1st and 3rd Sunday of the month at 1:30p.m. (PST) Current book -Preliminary Challenge: African World History Project" facilitated by Enoch Hankerson.
- Check the KRST Unity website for extended details and ways to connect to these classes. Classes have a suggested donation of \$10.00 General public; \$5.00 for Active KRST Members. Stop by the
- KRST Unity Marketplace on the KRST Unity website. It's filled with great gift ideas.

ANNOUNCEMENTS FOR SUNDAY, May 28, 2023

- Today, we memorialize, celebrate and honor those freedom fighters who fought and died on the battlefields of the streets to preserve our civil and personal rights as well as those who died on the battlefields around the world defending the American way.
- A reminder that all Empowerment Services and classes are taking place on the Zoom Platform. We will notify you when we reopen for in person services, classes and workshops.
- Next Sunday, following the Empowerment Service, we resume Sacred Gatherings: Conversation With The Ministerial Council. We will meet between 12:30 p.m. to 1:30 p.m..
- The Rev. Meri Ka Ra Food Distribution Program resumes serving the community every Thursday between 9:30 a.m. and 3:30 p.m. Through the assistance of Helping Hands Society of Los Angeles, we are able to provide fresh fruits, vegetables, meat, vegetarian items, and many other useful items. Set aside time to stop by the Center to Volunteer some time, talk with the Ministers, drop off your support donations, gently used, clean clothes and other working household items or to simply provide love and support for your Center.

KRST Unity Center thanks all who donate, volunteer, and participate in activities at the Center. As loyal supporters, your efforts and work allow us to realize great successes and benefits. Because we are a member-driven organization, we ask that you to make the commitment to support and donate to the regularly. Your donations are the Life-Blood of this Center. We accept all major credit and debit cards, Cash App, and PayPal, cash, and checks. We also have the ongoing Building Fund—Go Fund Me campaign running on the KRST Unity website and regularly scheduled continuous support. Again, thank you for your financial support to this ministry. And remember it's important to always: **THINK UNLIMITED! THINK UNLIMITED! THINK UNLIMITED!**

UPDATE:

We spent \$14,000 from the roof repair funds. Balance of funds: \$13,606.17
The interior of the building still require repairs.

INCOME		EXPENSES	
CASH		LANSACAPE	360.00
CHECKS	448.07	GENERAL EXP	549.66
CREDIT CARD	79.80	BEE REMOVAL	600.00
PAYPAL	146.64	FOOD PANTRY	175.00
CASH APP	310.00	OFFICEEXP	85.00
GO FUND ME	23.95		
	\$1,008.46		\$1,769.66

Celebrating Over 85 Years of Service to the Community

1937-2022 Wep-Ren Pet 6263

Meditation Begins At 10:20 a.m.

Empowerment Service Begins At 10:30 a.m.

Sunday, May 28, 2023

"The Path of the Warrior"



**Empowerment Message Presented By
The Ministerial Council & Members**

KRST Unity Center Ministerial Council
Abut SMST Neferet Sa.t-Beset, Rev. Erica Ni Maat Byrd
Rev. Richard Meri Ka Ra Byrd—Maa Kheru

KRST Unity Center of Afrakan Spiritual Science
7825 South Western Avenue, LA, CA 90047
www.krstunitycenter.org krstunityoutraach@gmail.com
Office 323-759-7567



**"Sacred Gatherings"
Has Returned**
Join Us For Conversations with the
Ministerial Council
of KRST Unity Center
SUNDAY, JUNE 04, 2023
12:30 TO 1:30 P.M.
IMMEDIATELY FOLLOWING THE EMPOWERMENT SERVICE
THIS IS A VIRTUAL EVENT
OPEN TO ALL MEMBERS OF KRST UNITY CENTER
CHAT WITH US, ASK QUESTIONS, GAIN INSIGHTS
Our commitment is to have open conversations, uplift,
and enlighten ourselves and to unmask illusions.
In short, the commitment is to invite Ma'at into our gatherings.
KRST UNITY CENTER OF AFRAKAN SPIRITUAL SCIENCE
www.krstunitycenter.org
323-759-7567
Join Us On The Sunday Empowerment Link

Service Opens with Reflection and Meditation
Welcome The Ancestors / KRST Unity Drummers / Libation

“Ancestor Spirit Come By Here”

Ancestor Spirits, won't you come by here.

We need your presence near.

One mind one power making all things clear.

Ancestor Spirits, won't you come by here?

Somebody's praying Spirit, come by here.

Somebody's singing Spirit, come by here.

Welcome Visitors / Introduction of Ministers & Staff /
Explanation of Terms / Who We Are / What We Believe

STATEMENT OF BEING

SPIRIT IS ALL; Both Invisible and Visible;

One Presence; One Mind; One Power is ALL.

This That Is ALL Is Perfect Life, Perfect Love, And Perfect Substance.

I Am an Individualized Expression of The ALL.

I Am ever one with Its Perfect Life, Perfect Love, And Perfect Substance.

MISSION & PURPOSE

The mission and purpose of KRST Unity Center is to provide a loving and supportive atmosphere for personal and spiritual growth for all people to learn how to apply the KRST principles to master their lives.

THE KRST PRINCIPLE

The Kemetic (Ancient Egyptian) Principle of the Christ -The Transformative power of The All that is within each and every person and thing.

THE PRINCIPLES OF MAAT

Truth, Justice, Righteousness, Propriety, Harmony, Order,
Balance and Reciprocity

THE VIRTUES

I Control My Thoughts

I Control My Actions

I Have Devotion And Steadfastness Of Purpose

I Identify With A Spiritual Life Or Higher Ideals

I Show Evidence Of Having A Mission In Life

I Cultivate A Call To Spiritual Orders Or The Priesthood

I Am Free From Resentment Under The Experience Of Wrong Doing

I Have Confidence In The Power Of The Master To Teach The Truth

I Have Confidence In My Ability To Learn And Wield The Truth

I Am Ready And Prepared For Any And All Initiation Processes

WEEKLY AFFIRMATION

Sunday, May 28, 2023

Divine energy surrounds and engulfs me in happiness and wellbeing.

KRST Unity Center of Afrakan Spiritual Science
7825 S. Western Ave, LA, CA 90047 323-759-7567

He who hears is beloved of God. He who loves to hear is one who acts on what is said.

Igbo

Onye nānu ihe Chineke huru n'anya. Onye na-enwe mmasị ịnu ihe bụ onye na-eme ihe e kwuru.

Spanish

El que oye es amado de Dios. El que ama oír es el que actúa en lo que se dice.

Swahili

Anayesikia ni mpenzi wa Mungu. Anayependa kusikia ni yule anayetenda kwa kile kinachosemwa.

Yoruba

Eniti o gbọ, olufe Ọlorun. Eni tí ó fẹ̀ràn láti gbọ ni ẹni tí ó ẹ̀ se ohun tí a sọ.

MDW

Translation: Iw Setchem.sw nt meriti n Ntchr. Iw merriu n sdjm mtutu nt ra hr nti tem

Pronunciation: eh-oo setchem sue ent mere-tee en Ntchr. eh-oo mer-ree-oo en sejem em-too-t—net rar her entee dem

Congregational Song / Announcements

Voices of Unity

Empowerment Message

“The Path of the Warrior”

Empowerment Service Presented By

The Ministerial Council & Members

Offering Prayer

Divine love through me, blesses and multiplies all that I am; all that I have all that I give and all that I receive. I give feely, and I receive abundantly.

Unity Circle / Welcome Guests / Call to Join / Benediction
Ankh, Ujah, Snb — (Life, Health, Strength)
Closing

Lift Every Voice and Sing

Lift ev'ry voice and sing 'Til earth and heaven ring

Ring with the harmonies of Liberty

Let our rejoicing rise High as the list'ning skies

Let it resound loud as the rolling sea

Sing a song full of the faith that the dark past has taught us / Sing a song full of the hope that the present has brought us / Facing the rising sun of our new day begun /

Let us march on 'til victory is won

God of our weary years God of our silent tears /

Thou who has brought us thus far on the way

Thou who has by Thy might Led us into the light / Keep us forever in the path, we pray Lest our feet stray from the places, our God, where we met Thee / Lest, our hearts drunk with the wine of the world, we forget Thee / Shadowed beneath Thy hand May we forever stand True to our God True to our native land Let us march on 'til victory... March on 'til victory....March on 'til victory is won